

PrimeCare of Moreno Valley

Physician & Facilities Directory

Serving Moreno Valley, Banning, Beaumont, Perris, Riverside



Your time and health are important. Choose doctors that put you first!

PrimeCare of Moreno Valley is committed to providing every patient with quality care. We want you to feel great and be able to do the things you love. Your well-being and happiness are the best measures of our success.

It's easy to join PrimeCare of Moreno Valley. Simply select a primary care doctor with us and choose one of the health plans we accept. To make the switch today, call your health plan (phone number is on the back of your health plan ID card).

Additional information about PrimeCare:

1-888-313-7929 | primecare.com

PrimeCare of Moreno Valley

Part of OptumCare®

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Please check with your Primary Care Physician for a complete list of specialists.

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The company does not discriminate on the basis of race, color, national origin, sex, age, or disability in health programs and activities.

We provide free services to help you communicate with us. Such as, letters in other languages or large print. Or, you can ask for an interpreter. To ask for help, please call 1-800-956-8000, Option 5.

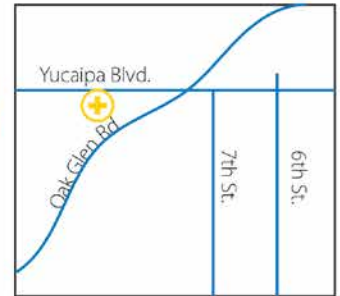
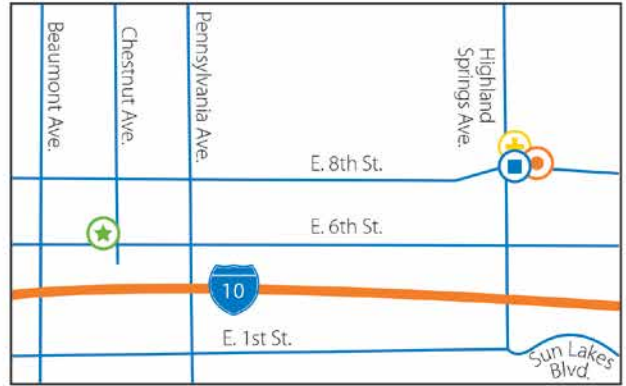
ATENCIÓN: Si habla español (Spanish), hay servicios de asistencia de idiomas, sin cargo, a su disposición. Llame al 1-800-956-8000, Option 5.

請注意：如果您說中文 (Chinese)，我們免費為您提供語言協助服務。請致電：
1-800-956-8000, Option 5.

PrimeCare is a network of independently-contracted doctors and part of OptumCare®. OptumCare keeps you healthier and feeling your best by providing care that is built around you. Learn more at optumcare.com. Optum® and OptumCare® are trademarks of Optum, Inc.

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Service Locations for PrimeCare of Moreno Valley



- ★ Urgent care centers
- + Lab services
- Hospitals
- Outpatient radiology services



URGENT CARE CENTERS

Important: To seek same-day care during regular office hours, ***you should always contact your Primary Care Physician (PCP) first***, before going to an urgent care facility. Urgent care is not a substitute for the regular care you receive from your PCP.

Moreno Valley Urgent Care

24318 Hemlock Ave., Ste. E1-E2, Moreno Valley, CA 92557
Mon. – Fri. 4:00 p.m. - 6:00 p.m.; Closed Weekends; Most Holidays 8:00 a.m. – 2:00 p.m.

(951) 243-5050

F: (951) 243-5586

Moreno Beach Urgent Care

27460 Eucalyptus Ave., Moreno Valley, CA 92555
Open 7 days a week 9:00 a.m. - 9:00 p.m.
Closed on all major Holidays

(951) 243-2200

F: (951) 243-3200

Apex Urgent Care, Inc.

851 E. 6th St., Ste. B4, Beaumont, CA 92223
Mon. – Fri. 4:00 p.m. - 6:00 p.m.; Sat. 9:00 a.m. – 4:00 p.m.
Sun. 9:00 a.m. – 2:00 p.m.; Closed most major Holidays

(951) 845-2294

F: (951) 845-2297

Perris Valley Medical Group

126 Avocado Ave., Ste. 207, Perris, CA 92571
Mon. – Thurs. 8:00 a.m. – 5:30 p.m.; Sat. 8:30 a.m. – 2:00 p.m.
Closed on Sundays and Holidays

(951) 657-0544

F: (951) 657-9644



HOSPITALS

Riverside Community Hospital

4445 Magnolia Ave., Riverside, CA 92501

(951) 788-3000

San Geronio Memorial Hospital

600 N. Highland Springs Ave., Banning, CA 92220

(951) 845-1121

Parkview Community Hospital Medical Center

3865 Jackson St., Riverside, CA 92503

(951) 688-2211



LAB SERVICES

Please visit questdiagnostics.com for hours of operation.

Quest Diagnostics – Riverside

6485 Day St., Ste. 102, Riverside, CA 92507

(951) 656-3601

Quest Diagnostics - Moreno Valley

12730 Heacock St., Ste. 2, Moreno Valley, CA 92553

(951) 485-8605



LAB SERVICES (cont.)

Please visit questdiagnostics.com for hours of operation.

Quest Diagnostics - Perris

1688 N. Perris Blvd., Ste. H1, Perris, CA 92571

(951) 943-2487

Quest Diagnostics – Beaumont

701 N. Highland Springs Ave., Ste. 6, Beaumont, CA 92223

(951) 845-8013

Quest Diagnostics – Yucaipa

33490 Oak Glen Rd., Ste. D, Yucaipa, CA 92399

(909) 797-4983



OUTPATIENT RADIOLOGY SERVICES

*San Geronio Memorial Hospital

600 N. Highland Springs Ave., Banning, CA 92220

(951) 845-1121

F: (951) 845-5471

*For members residing in Banning, Beaumont, Cherry Valley and Cabazon areas only

**Healthcare Imaging Moreno Valley – RadNet

12818 Heacock St., Ste. C-2, Moreno Valley, CA 92553

(951) 242-2508

F: (951) 242-2548

**This facility cannot do the following:

Skulls (Any part of the head)

Facial Bones, Sinuses, Abdomens & KUB

Please refer members to the Riverside office for these procedures.

Healthcare Imaging Riverside – RadNet

4334 Central Ave., Riverside, CA 92506

(951) 682-7580

F: (951) 682-1580

MRI/MRA, Breast MRI, PET/CT, CT 4 slice, Ultrasound, Digital Mammography, X-ray, Fluoroscopy, Vascular Ultrasound, Nuclear Medicine, Bone Densitometry, Stereotactic Breast Biopsy, Arthrograms

Healthcare Imaging Citrus – RadNet

6485 Day St., Ste. 101, Riverside, CA 92507

(951) 200-5410

F: (951) 656-6068

Mammography, Dexa, Ultrasound, X-ray

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PrimeCare of Moreno Valley Physician Directory

Primary Care Physicians



Muhammad S. Akhtar, M.D.

1034 W. Ramsey Ave., #A
Banning, CA 92220

(951) 849-2526

Internal Medicine

Other Language(s): Punjabi, Urdu

Photo
Currently
Not
Available

Emilia Cho, M.D.

24226 Sunnymead Blvd.
Moreno Valley, CA 92553

(951) 601-6802

4190 Chicago Ave.
Riverside, CA 92507

(951) 683-2106

Board Certified Pediatrics

Other Language(s): Spanish, Korean



Samuel Bolivar, M.D.

10600 Magnolia Ave., #J
Riverside, CA 92505

(951) 352-3417

Board Certified Internal Medicine

Other Language(s): Spanish

Photo
Currently
Not
Available

Veronica Contreras, D.O.

4190 Chicago Ave.
Riverside, CA 92507

(951) 683-2106

Pediatrics



Justina Breseno, M.D.

6485 Day St., #103
Riverside, CA 92507

(951) 653-1683

Board Certified Pediatrics

Other Language(s): Spanish



Dong S. Kim, M.D.

11441 Heacock St., #F
Moreno Valley, CA 92557

(951) 243-8000

*Board Certified Family Medicine/
Geriatrics/Board Certified Internal
Medicine*

Other Language(s): Korean, Spanish



Reuben Castillo, M.D.

126 Avocado Ave., #106
Perris, CA 92570

(951) 943-7212

Family Medicine

Other Language(s): Spanish



Elizabeth C. Laqui, M.D.

494 W. 4th St.
Perris, CA 92570

(951) 943-8899

Pediatrics

Other Language(s): Tagalog



Margery U. Chirwa, M.D.

12980 Frederick St., #C
Moreno Valley, CA 92553

(951) 242-5760

Board Certified Family Medicine



Howard Levy, D.O.

57370 29 Palms Hwy., #203
Yucca Valley, CA 92284

(760) 369-0069

Board Certified Family Medicine

PrimeCare of Moreno Valley Physician Directory

Primary Care Physicians

**Jose M. Limon, M.D.**

22635 Alessandro Blvd., Unit 400, #A
Moreno Valley, CA 92553

(951) 242-2226

264 N. Highland Springs, #3D
Banning, CA 92220

(951) 845-6993

Board Certified Internal Medicine

Other Language(s): Spanish

**Ahsan U. Qazi, M.D.**

12980 Frederick St., #C
Moreno Valley, CA 92553

(951) 242-5760

264 N. Highland Springs, #2-A
Banning, CA 92220

(951) 845-8856

Board Certified Internal Medicine

Other Language(s): Urdu

**Helena Mba, M.D.**

6485 Day St., #203
Riverside, CA 92507

(951) 697-5800

Board Certified Family Medicine/OBGYN

Other Language(s): Spanish

**Nawazish S. Qazi, M.D.**

264 N. Highland Springs, #2-A
Banning, CA 92220

(951) 845-8856

Internal Medicine

Other Language(s): Urdu

Photo
Currently
Not
Available

Duc H. Nguyen, D.O.

4190 Chicago Ave.
Riverside, CA 92507

(951) 683-2106

1688 N. Perris Blvd., #H-4
Perris, CA 92571

(951) 657-7876

Board Certified Pediatrics

**Pablo Sobero, M.D.**

13050 Heacock St.
Moreno Valley, CA 92553

(951) 485-8490

Board Certified Family Medicine

Other Language(s): Spanish

**Somchit Poom, M.D.**

2055 N. Perris Blvd., #E6
Perris, CA 92570

(951) 940-4176

Board Certified Family Medicine

Other Language(s): Spanish

**Darren Thompson, D.O.**

126 Avocado Ave., #106
Perris, CA 92571

(951) 943-7212

General Practice

**Lida Poommipanit-Bajon, M.D.**

2055 N. Perris Blvd., #E6
Perris, CA 92570

(951) 940-4176

Board Certified Family Medicine

**George Villanueva, D.O.**

126 Avocado Ave., #207
Perris, CA 92571

(951) 657-0544

Family Medicine

Other Language(s): Spanish

Looking for a New Doctor?

Which Doctor is Right for You?

- Have you recently moved to a new city?
- Is your doctor retiring?
- Are you trying to figure out what kind of doctor you need for your general health problems or symptoms you're having?
- Need a bilingual doctor?

Your **primary care doctor** or **primary care physician (PCP)** helps maintain your overall health by focusing on preventive care.



What type of doctor do you need?

There are many options, but the list below qualifies as PCPs:

- **Family Medicine or General Practice:** General practitioners treat a wide range of medical problems in all ages. Family practitioners are similar to general practitioners, but have extra training to care for all family members, young or old.
- **Internal Medicine:** Internists are doctors for adults. Some internists take additional training to become specialists. For example, a neurologist is an internist who specializes in the diagnosis and treatment of brain, spinal cord, and nervous system diseases, such as multiple sclerosis, Alzheimer's disease, headaches, stroke, or injury.
- **Pediatrics:** Pediatricians specialize in the care of children.
- **Geriatrics:** Geriatricians are trained in family practice or internal medicine and has additional training for older adults.

It's important to choose a doctor that fits your health care needs. If you have a specific health concern, look for a doctor who specializes in that area (e.g. heart disease, women's health issues, lung problems).



Your primary care doctor coordinates the following care:

- If you need a referral to a specialist
- If you need to be admitted to a hospital

About PrimeCare

PrimeCare has over 350 primary care doctors to choose from who are dedicated to promoting your overall well-being and is the largest network of independently-contracted doctors in the Inland Empire. PrimeCare doctors take pride in the relationships they build with their patients, many of whom have been with PrimeCare for several generations.

Let us help you find the right doctor that best suits your health care needs. Call our toll-free number at **1-888-313-7929** or visit our website at **providersearch.primecare.com**.