

# PrimeCare of Redlands

## Physician & Facilities Directory

Serving Redlands, Yucaipa, Beaumont, Moreno Valley, San Bernardino



**Your time and health are important. Choose doctors that put you first!**

PrimeCare of Redlands is committed to providing every patient with quality care. We want you to feel great and be able to do the things you love. Your well-being and happiness are the best measures of our success.

It's easy to join PrimeCare of Redlands. Simply select a primary care doctor with us and choose one of the health plans we accept. To make the switch today, call your health plan (phone number is on the back of your health plan ID card).

Additional information about PrimeCare:

1-888-313-7929 | [primecare.com](http://primecare.com)

**PrimeCare** of Redlands

Part of OptumCare®

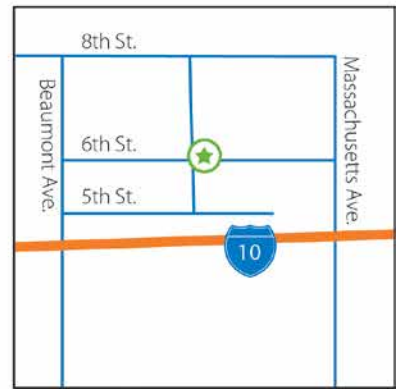
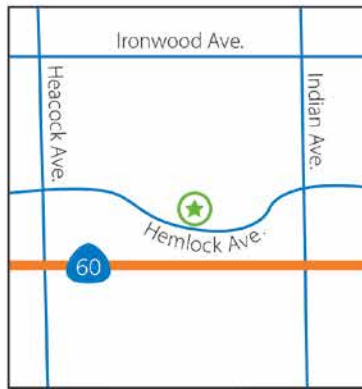
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## Service Locations for PrimeCare of Redlands



- ★ Urgent care centers
- + Lab services
- Hospitals
- ⊕ Outpatient radiology services

## URGENT CARE CENTERS

**Important:** To seek same-day care during regular office hours, **you should always contact your Primary Care Physician (PCP) first**, before going to an urgent care facility. Urgent care is not a substitute for the regular care you receive from your PCP.

**Yucaipa Urgent Care Center** (909) 797-8900  
33494 Oak Glen Rd., Yucaipa, CA 92399 F: (909) 797-5800  
Mon. – Fri. 5 p.m. – 9 p.m.; Weekends and Holidays 9 a.m. – 9 p.m.

**Apex Urgent Care - Inderpal Randhawa, M.D. & Carol Rogala, D.O.**  
851 E. Sixth St., Ste. B4, Beaumont, CA 92223 (951) 845-2294  
Mon. – Fri. 4 p.m. – 6 p.m.; Sat. 9 a.m. – 4 p.m. F: (951) 845-2297  
Sun. 9 a.m. – 2 p.m.; Closed most major Holidays

**West Point Medical Center – Urgent Care**  
**Atul Bembli, D.O. & Francisco Merino, D.O.** (909) 880-6400  
1800 Medical Center Dr., Ste. 99, San Bernardino, CA 92411 F: (909) 880-6445  
Mon. – Fri. 5 p.m. – 8 p.m.; Sat. 9 a.m. – 5 p.m.; Open Sundays and Holidays

**Moreno Valley Urgent Care - James A. Harrison, M.D.**  
24318 Hemlock Ave., Ste. E1-E2, Moreno Valley, CA 92557 (951) 243-5050  
Mon. – Fri. 4 p.m. – 6 p.m.; Closed Weekends; Holidays 8 a.m. – 2 p.m. F: (951) 243-5586

## HOSPITALS

**Redlands Community Hospital** (909) 335-5500  
350 Terracina Blvd., Redlands, CA 92373 F: (909) 335-5585

**St. Bernardine Medical Center** (909) 883-8711  
2101 N. Waterman Ave., San Bernardino, CA 92404

## LAB SERVICES

**Quest Diagnostics Redlands** (909) 798-5846  
245 Terracina Blvd., Suite 104B, Redlands, CA 92373 F: (909) 748-0981

**Quest Diagnostics Loma Linda** (909) 799-7684  
25805 Barton Rd., Ste. A-104, Loma Linda, CA 92354

**Quest Diagnostics Yucaipa**  
33490 Oak Glen Rd., Ste. D, Yucaipa, CA 92399 (909) 797-4983

 **OUTPATIENT RADIOLOGY SERVICES****Redlands Community Hospital – Outpatient Radiology (909) 335-5610**

350 Terracina Blvd., Redlands, CA 92373  
No Referral – Flat Films, Mammograms only  
Outpatient Service – Ultrasound, IVP, GI, CT, MRI

**Woman’s Health Imaging Center (909) 793-4399  
(Affiliated with Redlands Community Hospital)**

255 Terracina Blvd., Ste. 104, Redlands, CA 92373  
No Referral – Mammograms  
Outpatient Service – Ultrasound, DEXA Scan

**Palm Imaging (909) 882-2266**

399 E. 21<sup>st</sup> St., Ste. 160, San Bernardino, CA 92404  
No Referral – Flat Films, Mammograms only  
Outpatient Service – Ultrasound, IVP, GI, CT, MRI, DEXA Scan

**San Bernardino Advanced Imaging – Highland (909) 450-0640**

800 E. Highland Ave., San Bernardino, CA 92404  
No Referral – Flat Films only  
Outpatient Service – Ultrasound, MRI, CT, PET/CT

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**PrimeCare of Redlands Physician Directory**  
Primary Care Physicians



**Henry Chai, M.D.**  
1520 Barton Rd.  
Redlands, CA 92373  
**(909) 793-3208**  
*Board Certified Family Medicine*  
Other Language(s):  
Chinese, Indonesian



**Joon Rhee, M.D., PhD, MPH**  
1895 Orange Tree Lane, #201  
Redlands, CA 92374  
**(909) 335-1160**  
*Board Certified Internal Medicine*  
Other Language(s): Korean



**Daniel Franco, M.D.**  
490 Alabama St., #104  
Redlands, CA 92373  
**(909) 315-6899**  
*Board Certified Family Medicine*  
Other Language(s): Spanish



**Taher A. Shams, M.D.**  
34675 Yucaipa Blvd., #110  
Yucaipa, CA 92399  
**(909) 790-1837**  
*Family Medicine*  
Other Language(s): Arabic, Spanish



**Jose Limon, M.D.**  
264 N. Highland Springs, #3D  
Banning, CA 92220  
**(951) 845-6993**  
*Board Certified Internal Medicine*  
Other Language(s): Spanish



**Hajera Sultana, M.D.**  
34675 Yucaipa Blvd., #109  
Yucaipa, CA 92399  
**(909) 797-5244**  
*Board Certified Family Medicine*  
Other Language(s):  
Hindu, Telugu, Urdu



**Badran Madani, M.D.**  
952 South Mt. Vernon, Ste. B  
Colton, CA 92324  
**(909) 886-3660**  
*Board Certified Internal Medicine*



**Alexander Terrazas, M.D.**  
1520 Barton Rd.  
Redlands, CA 92373  
**(909) 793-3208**  
*Board Certified Family Medicine*  
Other Language(s): Spanish

# Looking for a New Doctor?

## Which Doctor is Right for You?

- Have you recently moved to a new city?
- Is your doctor retiring?
- Are you trying to figure out what kind of doctor you need for your general health problems or symptoms you're having?
- Need a bilingual doctor?

Your **primary care doctor** or **primary care physician (PCP)** helps maintain your overall health by focusing on preventive care.



### What type of doctor do you need?

There are many options, but the list below qualifies as PCPs:

- **Family Medicine or General Practice:** General practitioners treat a wide range of medical problems in all ages. Family practitioners are similar to general practitioners, but have extra training to care for all family members, young or old.
- **Internal Medicine:** Internists are doctors for adults. Some internists take additional training to become specialists. For example, a neurologist is an internist who specializes in the diagnosis and treatment of brain, spinal cord, and nervous system diseases, such as multiple sclerosis, Alzheimer's disease, headaches, stroke, or injury.
- **Pediatrics:** Pediatricians specialize in the care of children.
- **Geriatrics:** Geriatricians are trained in family practice or internal medicine and has additional training for older adults.

It's important to choose a doctor that fits your health care needs. If you have a specific health concern, look for a doctor who specializes in that area (e.g. heart disease, women's health issues, lung problems).



### Your primary care doctor coordinates the following care:

- If you need a referral to a specialist
- If you need to be admitted to a hospital

### About PrimeCare

PrimeCare has over 350 primary care doctors to choose from who are dedicated to promoting your overall well-being and is the largest network of independently-contracted doctors in the Inland Empire. PrimeCare doctors take pride in the relationships they build with their patients, many of whom have been with PrimeCare for several generations.

Let us help you find the right doctor that best suits your health care needs. Call our toll-free number at **1-888-313-7929** or visit our website at **[providersearch.primecare.com](http://providersearch.primecare.com)**.