

PrimeCare of Sun City

Physician & Facilities Directory

Serving Sun City, Menifee, Lake Elsinore, Wildomar, Temecula, Murrieta



Your time and health are important. Choose doctors that put you first!

PrimeCare of Sun City is committed to providing every patient with quality care. We want you to feel great and be able to do the things you love. Your well-being and happiness are the best measures of our success.

It's easy to join PrimeCare of Sun City. Simply select a primary care doctor with us and choose one of the health plans we accept. To make the switch today, call your health plan (phone number is on the back of your health plan ID card).

Additional information about PrimeCare:

1-888-313-7929 | primecare.com

PrimeCare of Sun City

Part of OptumCare®

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Please check with your Primary Care Physician for a complete list of specialists.

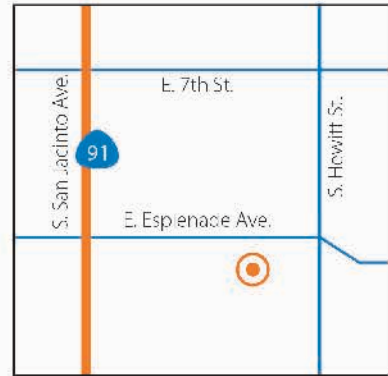
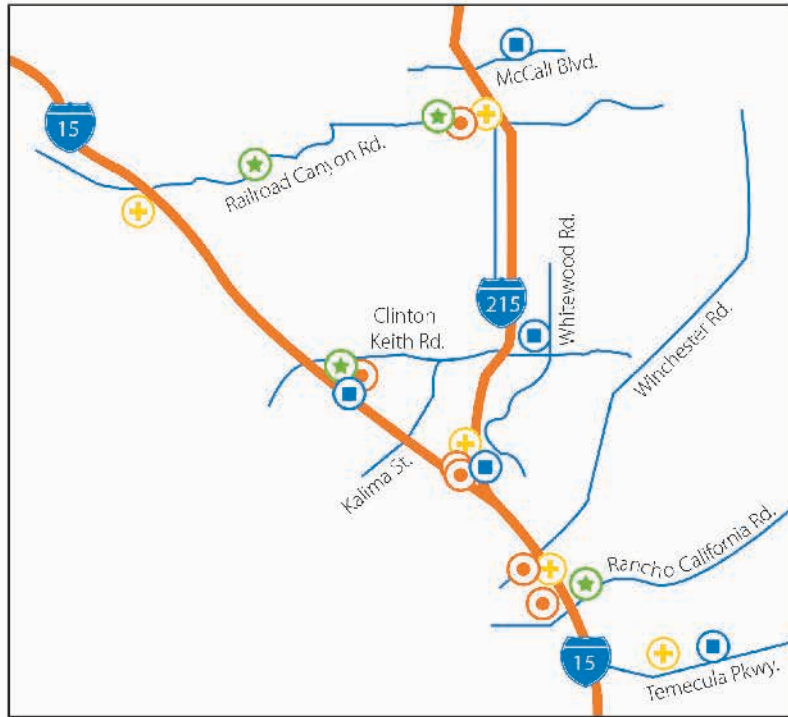
The company does not discriminate on the basis of race, color, national origin, sex, age, or disability in health programs and activities.

We provide free services to help you communicate with us. Such as, letters in other languages or large print. Or, you can ask for an interpreter. To ask for help, please call 1-800-956-8000, Option 5.

ATENCIÓN: Si habla español (Spanish), hay servicios de asistencia de idiomas, sin cargo, a su disposición. Llame al 1-800-956-8000, Option 5.

請注意：如果您說中文 (Chinese)，我們免費為您提供語言協助服務。請致電：
1-800-956-8000, Option 5.

Service Locations for PrimeCare of Sun City



- Urgent care centers
- Lab services
- Hospitals
- Outpatient radiology services



URGENT CARE CENTERS

Important: To seek same-day care during regular office hours, **you should always contact your Primary Care Physician (PCP) first**, before going to an urgent care facility. Urgent care is not a substitute for the regular care you receive from your PCP.

Inland Urgent Care of Sun City

27168 Newport Rd., Ste. 1, Menifee, CA 92584
Open 7 days a week 9 a.m. - 9 p.m.

(951) 246-3033

F: (951) 246-7373

Inland Urgent Care of Canyon Hills

29997 Canyon Hills Rd., Ste. 1604, Lake Elsinore, CA 92532
Open 7 days a week 9 a.m. - 9 p.m.

(951) 244-2224

F: (951) 244-1244

Inland Urgent Care of Wildomar

36320 Inland Valley Dr., Ste. 307, Wildomar, CA 92595
Open 7 days a week 9 a.m. - 9 p.m.

(951) 600-0110

F: (951) 600-1489

Inland Urgent Care of Temecula

29738-B Rancho California Rd., Temecula, CA 92591
Open 7 days a week 9 a.m. - 9 p.m.

(951) 303-6440

F: (951) 303-6449



HOSPITALS

Inland Valley Regional Medical Center

36485 Inland Valley Dr., Wildomar, CA 92595

(951) 677-1111

Rancho Springs Medical Center

25500 Medical Center Dr., Murrieta, CA 92562

(951) 696-6000

Menifee Valley Medical Center

28400 McCall Blvd., Sun City, CA 92586

(951) 679-8888

Loma Linda University Medical Center – Murrieta

28062 Baxter Rd., Murrieta, CA 92563

(951) 290-4000

Temecula Valley Hospital – Temecula

31700 Temecula Pkwy., Temecula, CA 92592

(951) 331-2200

LAB SERVICES

Please visit questdiagnostics.com for hours of operation

Quest Diagnostics – Menifee (951) 672-0852
29798 Haun Rd., Ste. 201, Menifee, CA 92586 F: (951) 672-1539

Quest Diagnostics –Jefferson (951) 694-4301
27699 Jefferson Ave., Ste. 109, Temecula, CA 92590 F: (951) 695-4400

Quest Diagnostics – Temecula Parkway (951) 719-1140
31515 Rancho Pueblo Rd., Ste. 203, Temecula, CA 92592 F: (951) 719-1195

Quest Diagnostics – Murrieta (951) 461-2315
25405 Hancock Ave., Ste. 102, Murrieta, CA 92562 F: (951) 461-2286

Quest Diagnostics – Wildomar (951) 471-3271
32251 Mission Trail Rd., Ste. G1, Lake Elsinore, CA 92530 F: (951) 471-3434

OUTPATIENT RADIOLOGY SERVICES

Temecula Valley Imaging (951) 699-7161
(US, X-ray, Mammograms & Dexa Scans) F: (951) 676-7287
25395 Hancock Ave., Ste. 110, Murrieta, CA 92562

Temecula Valley Advanced Imaging (951) 587-8956
(PET/CT, MRI, Dexa, MRI Guided) F: (951) 587-8290
25455 Medical Center Dr., Ste. 100, Murrieta, CA 92562

Temecula Valley Imaging Wildomar (951) 461-0596
(X-ray – Max 300 lbs) F: (951) 461-0293
36320 Inland Valley Dr., Ste. 303, Wildomar, CA 92595

Temecula Valley Imaging Menifee (951) 566-5813
(X-ray) F: (951) 566-5725
27168 Newport Rd., Ste. B, Menifee, CA 92584

Temecula Valley Imaging (Satellite) (951) 694-6052
(X-ray – Max 300 lbs) F: (951) 694-6272
28780 Single Oak Dr., Ste. 155, Temecula, CA 92590
Tel: (951) 694-6052

 **OUTPATIENT RADIOLOGY SERVICES (cont.)**

The Breast Care Center of Temecula

(Stereotactic, Digital Mammograms, US, Dexa Scans)
25455 Medical Center Dr., Ste. 210, Murrieta, CA 92562

(951) 608-2839

F: (951) 608-2863

San Jacinto Imaging

(Open MRI, Dexa, Digital Mammo, US, X-ray)
1695 S. San Jacinto Ave., Ste. B, San Jacinto, CA 92583

(951) 587-8956

F: (951) 665-1550

*Changes occur on a daily basis and while we try to maintain our records, there may be changes that are not reflected on this directory.

PrimeCare of Sun City Physician Directory
Primary Care Physicians



Rolando Atiga, M.D.
25405 Hancock Ave., #105
Murrieta, CA 92562
(951) 695-4688
29826 Haun Rd., #201
Menifee, CA 92586
(951) 695-4688
Board Certified Family Medicine
Other Language(s): Spanish



Susan Danek, M.D.
29798 Haun Rd., #302
Sun City, CA 92586
(951) 301-7191
Board Certified Family Medicine
closed to new commercial members
Other Language(s): Spanish



Joanna Ayala, M.D.
29995 Technology Dr., #202
Murrieta, CA 92563
(951) 698-1118
Board Certified Family Medicine
Other Language(s): Spanish



Duane Darnell, D.O.
27994 Bradley Rd., Ste. F
Sun City, CA 92586
(951) 246-1366
Board Certified Internal Medicine
closed to new commercial members



Alwin Bagingito, M.D.
41238 Margarita Rd., #104
Temecula, CA 92591
(951) 695-6787
Board Certified Family Medicine
Other Language(s): Spanish

Photo
Currently
Not
Available

Laura Holzer, M.D.
29798 Haun Rd., #108
Menifee, CA 92586
(951) 301-9339
Internal Medicine



Sabry Bakr, M.D.
36320 Inland Valley Dr., #207
Wildomar, CA 92595
(951) 698-5446
Board Certified Pediatrics
Other Language(s): Arabic



James Krieg, M.D.
29826 Haun Rd., #302
Menifee, CA 92586
(951) 672-1911
Board Certified Internal Medicine
closed to new commercial members



Mary Chau, D.O.
28125 Bradley Rd., #240B
Sun City, CA 92586
(951) 301-6366
Board Certified Family Medicine
closed to new commercial members
Other Language(s): Chinese, Mandarin



Richard Lam, M.D.
27994 Bradley Rd., Ste. C
Sun City, CA 92586
(951) 679-6467
Internal Medicine
Other Language(s): Vietnamese

PrimeCare of Sun City Physician Directory
Primary Care Physicians



Brian Nguyen, M.D.

29798 Haun Rd., #108
Menifee, CA 92586

(951) 301-9339

Internal Medicine

closed to new commercial members

Other Language(s):
Spanish, Vietnamese



Sindu Pillai, M.D.

28078 Baxter Rd., #434
Murrieta, CA 92563

(951) 679-2100

Board Certified Pediatrics

Other Language(s): Malay, Arabic



Christine U. Nguyen, M.D.

29798 Haun Rd., #108
Menifee, CA 92584

(951) 301-9339

Internal Medicine

closed to new commercial members

Other Language(s):
Spanish, Vietnamese



Charles Pumphrey, M.D.

29798 Haun Rd., #304
Menifee, CA 92586

(951) 679-3159

Board Certified Pediatrics

Other Language(s): Spanish



Kevin K. Nguyen, M.D.

29798 Haun Rd., #203
Menifee, CA 92586

(951) 301-9188

Board Certified Family Medicine

closed to new commercial members

Other Language(s): Vietnamese



Frank Tang, M.D.

40690 California Oaks Rd., Ste. A
Murrieta, CA 92562

(951) 677-0098

Family Medicine / Board Certified Pediatrics

Other Language(s):
Cantonese, Vietnamese, Mandarin



Consuelo Ocampo, M.D.

29645 Rancho California Rd., #138
Temecula, CA 92591

(951) 695-7228

Board Certified Family Medicine

Other Language(s): Tagalog



Bryan To, M.D.

24910 Las Brisas Rd., #120
Murrieta, CA 92562

(951) 677-9898

Internal Medicine

Other Language(s):
Vietnamese, Cantonese

Looking for a New Doctor?

Which Doctor is Right for You?

- Have you recently moved to a new city?
- Is your doctor retiring?
- Are you trying to figure out what kind of doctor you need for your general health problems or symptoms you're having?
- Need a bilingual doctor?

Your **primary care doctor** or **primary care physician (PCP)** helps maintain your overall health by focusing on preventive care.



What type of doctor do you need?

There are many options, but the list below qualifies as PCPs:

- **Family Medicine or General Practice:** General practitioners treat a wide range of medical problems in all ages. Family practitioners are similar to general practitioners, but have extra training to care for all family members, young or old.
- **Internal Medicine:** Internists are doctors for adults. Some internists take additional training to become specialists. For example, a neurologist is an internist who specializes in the diagnosis and treatment of brain, spinal cord, and nervous system diseases, such as multiple sclerosis, Alzheimer's disease, headaches, stroke, or injury.
- **Pediatrics:** Pediatricians specialize in the care of children.
- **Geriatrics:** Geriatricians are trained in family practice or internal medicine and has additional training for older adults.

It's important to choose a doctor that fits your health care needs. If you have a specific health concern, look for a doctor who specializes in that area (e.g. heart disease, women's health issues, lung problems).



Your primary care doctor coordinates the following care:

- If you need a referral to a specialist
- If you need to be admitted to a hospital

About PrimeCare

PrimeCare has over 350 primary care doctors to choose from who are dedicated to promoting your overall well-being and is the largest network of independently-contracted doctors in the Inland Empire. PrimeCare doctors take pride in the relationships they build with their patients, many of whom have been with PrimeCare for several generations.

Let us help you find the right doctor that best suits your health care needs. Call our toll-free number at **1-888-313-7929** or visit our website at **providersearch.primecare.com**.