

# PrimeCare of Sun City

## Physician & Facilities Directory

Serving Sun City, Menifee, Lake Elsinore, Wildomar, Temecula, Murrieta



**Your time and health are important. Choose doctors that put you first!**

PrimeCare of Sun City is committed to providing every patient with quality care. We want you to feel great and be able to do the things you love. Your well-being and happiness are the best measures of our success.

It's easy to join PrimeCare of Sun City. Simply select a primary care doctor with us and choose one of the health plans we accept. To make the switch today, call your health plan (phone number is on the back of your health plan ID card).

Additional information about PrimeCare:

1-888-313-7929 | [primecare.com](http://primecare.com)

**PrimeCare** of Sun City

Part of OptumCare®

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*Please check with your Primary Care Physician for a complete list of specialists.*

**\*Changes occur on a daily basis and while we try to maintain our records, there may be changes that are not reflected on this directory.**

The company does not discriminate on the basis of race, color, national origin, sex, age, or disability in health programs and activities.

We provide free services to help you communicate with us. Such as, letters in other languages or large print. Or, you can ask for an interpreter. To ask for help, please call 1-800-956-8000, Option 5.

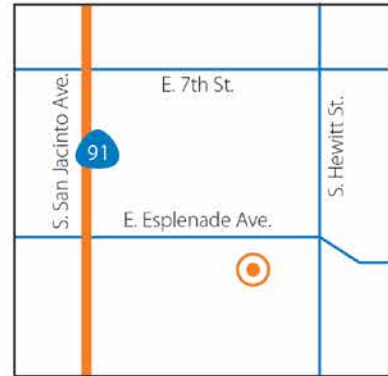
ATENCIÓN: Si habla español (Spanish), hay servicios de asistencia de idiomas, sin cargo, a su disposición. Llame al 1-800-956-8000, Option 5.

請注意：如果您說中文 (Chinese)，我們免費為您提供語言協助服務。請致電：  
1-800-956-8000, Option 5.

PrimeCare is a network of independently-contracted doctors and part of OptumCare®. OptumCare keeps you healthier and feeling your best by providing care that is built around you. Learn more at [optumcare.com](http://optumcare.com). Optum® and OptumCare® are trademarks of Optum, Inc.

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## Service Locations for PrimeCare of Sun City



- ★ Urgent care centers
- + Lab services
- Hospitals
- Outpatient radiology services



## URGENT CARE CENTERS

**Important:** To seek same-day care during regular office hours, **you should always contact your Primary Care Physician (PCP) first**, before going to an urgent care facility. Urgent care is not a substitute for the regular care you receive from your PCP.

### **Inland Urgent Care of Sun City**

27168 Newport Rd., Ste. 1, Menifee, CA 92584  
Open 7 days a week 9 a.m. - 9 p.m.

**(951) 246-3033**

F: (951) 246-7373

### **Inland Urgent Care of Canyon Hills**

29997 Canyon Hills Rd., Ste. 1604, Lake Elsinore, CA 92532  
Open 7 days a week 9 a.m. - 9 p.m.

**(951) 244-2224**

F: (951) 244-1244

### **Inland Urgent Care of Wildomar**

36320 Inland Valley Dr., Ste. 307, Wildomar, CA 92595  
Open 7 days a week 9 a.m. - 9 p.m.

**(951) 600-0110**

F: (951) 600-1489

### **Inland Urgent Care of Temecula**

29738-B Rancho California Rd., Temecula, CA 92591  
Open 7 days a week 9 a.m. - 9 p.m.

**(951) 303-6440**

F: (951) 303-6449



## HOSPITALS

### **Inland Valley Regional Medical Center**

36485 Inland Valley Dr., Wildomar, CA 92595

**(951) 677-1111**

### **Rancho Springs Medical Center**

25500 Medical Center Dr., Murrieta, CA 92562

**(951) 696-6000**

### **Menifee Valley Medical Center**

28400 McCall Blvd., Sun City, CA 92586

**(951) 679-8888**

### **Loma Linda University Medical Center – Murrieta**

28062 Baxter Rd., Murrieta, CA 92563

**(951) 290-4000**

### **Temecula Valley Hospital – Temecula**

31700 Temecula Pkwy., Temecula, CA 92592

**(951) 331-2200**

## LAB SERVICES

Please visit [questdiagnostics.com](http://questdiagnostics.com) for hours of operation

**Quest Diagnostics – Menifee** (951) 672-0852  
29798 Haun Rd., Ste. 201, Menifee, CA 92586 F: (951) 672-1539

**Quest Diagnostics –Jefferson** (951) 694-4301  
27699 Jefferson Ave., Ste. 109, Temecula, CA 92590 F: (951) 695-4400

**Quest Diagnostics – Temecula Parkway** (951) 719-1140  
31515 Rancho Pueblo Rd., Ste. 203, Temecula, CA 92592 F: (951) 719-1195

**Quest Diagnostics – Murrieta** (951) 461-2315  
25405 Hancock Ave., Ste. 102, Murrieta, CA 92562 F: (951) 461-2286

**Quest Diagnostics – Wildomar** (951) 471-3271  
32251 Mission Trail Rd., Ste. G1, Lake Elsinore, CA 92530 F: (951) 471-3434

## OUTPATIENT RADIOLOGY SERVICES

**Temecula Valley Imaging** (951) 699-7161  
(US, X-ray, Mammograms & Dexa Scans) F: (951) 676-7287  
25395 Hancock Ave., Ste. 110, Murrieta, CA 92562

**Temecula Valley Advanced Imaging** (951) 587-8956  
(PET/CT, MRI, Dexa, MRI Guided) F: (951) 587-8290  
25455 Medical Center Dr., Ste. 100, Murrieta, CA 92562

**Temecula Valley Imaging Wildomar** (951) 461-0596  
(X-ray – Max 300 lbs) F: (951) 461-0293  
36320 Inland Valley Dr., Ste. 303, Wildomar, CA 92595

**Temecula Valley Imaging Menifee** (951) 566-5813  
(X-ray) F: (951) 566-5725  
27168 Newport Rd., Ste. B, Menifee, CA 92584

**Temecula Valley Imaging (Satellite)** (951) 694-6052  
(X-ray – Max 300 lbs) F: (951) 694-6272  
28780 Single Oak Dr., Ste. 155, Temecula, CA 92590  
**Tel: (951) 694-6052**

 **OUTPATIENT RADIOLOGY SERVICES (cont.)****The Breast Care Center of Temecula**

(Stereotactic, Digital Mammograms, US, Dexa Scans)  
25455 Medical Center Dr., Ste. 210, Murrieta, CA 92562

**(951) 608-2839**

F: (951) 608-2863

**San Jacinto Imaging**

(Open MRI, Dexa, Digital Mammo, US, X-ray)  
1695 S. San Jacinto Ave., Ste. B, San Jacinto, CA 92583

**(951) 587-8956**

F: (951) 665-1550

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## PrimeCare of Sun City Physician Directory

### Primary Care Physicians



**Rolando Atiga, M.D.**  
25405 Hancock Ave., #105  
Murrieta, CA 92562  
**(951) 695-4688**  
*Board Certified Family Medicine*  
Other Language(s): Spanish



**Susan Danek, M.D.**  
29798 Haun Rd., #302  
Sun City, CA 92586  
**(951) 301-7191**  
*Board Certified Family Medicine*  
**closed to new commercial members**  
Other Language(s): Spanish



**Joanna Ayala, M.D.**  
29995 Technology Dr., #202  
Murrieta, CA 92563  
**(951) 698-1118**  
*Board Certified Family Medicine*  
Other Language(s): Spanish



**Duane Darnell, D.O.**  
27994 Bradley Rd., Ste. F  
Sun City, CA 92586  
**(951) 246-1366**  
*Board Certified Internal Medicine*



**Alwin Bagingito, M.D.**  
41238 Margarita Rd., #104  
Temecula, CA 92591  
**(951) 695-6787**  
*Board Certified Family Medicine*  
Other Language(s): Spanish



**James Krieg, M.D.**  
29826 Haun Rd., #302  
Menifee, CA 92586  
**(951) 672-1911**  
*Board Certified Internal Medicine*



**Sabry Bakr, M.D.**  
36320 Inland Valley Dr., #207  
Wildomar, CA 92595  
**(951) 698-5446**  
*Board Certified Pediatrics*  
Other Language(s): Arabic



**Richard Lam, M.D.**  
27994 Bradley Rd., Ste. C  
Sun City, CA 92586  
**(951) 679-6467**  
*Internal Medicine*  
Other Language(s): Vietnamese



**Mary Chau, D.O.**  
28125 Bradley Rd., #240B  
Sun City, CA 92586  
**(951) 301-6366**  
*Board Certified Family Medicine*  
Other Language(s): Chinese, Mandarin



**Brian Nguyen, M.D.**  
29798 Haun Rd., #108  
Menifee, CA 92586  
**(951) 301-9339**  
*Internal Medicine*  
Other Language(s):  
Spanish, Vietnamese

**PrimeCare of Sun City Physician Directory**  
Primary Care Physicians



**Christine U. Nguyen, M.D.**  
29798 Haun Rd., #108  
Menifee, CA 92584  
**(951) 301-9339**  
*Internal Medicine*  
Other Language(s):  
Spanish, Vietnamese



**Frank Tang, M.D.**  
40690 California Oaks Rd., Ste. A  
Murrieta, CA 92562  
**(951) 677-0098**  
*Family Medicine / Board Certified  
Pediatrics*  
Other Language(s):  
Cantonese, Vietnamese, Mandarin



**Kevin K. Nguyen, M.D.**  
29798 Haun Rd., #203  
Menifee, CA 92586  
**(951) 301-9188**  
*Board Certified Family Medicine*  
Other Language(s): Vietnamese



**Yin M. Thwe, M.D.**  
27851 Bradley Rd., #180  
Sun City, CA 92586  
**(951) 301-0560**  
*Family Medicine*



**Consuelo Ocampo, M.D.**  
29645 Rancho California Rd., #138  
Temecula, CA 92591  
**(951) 695-7228**  
*Board Certified Family Medicine*  
Other Language(s): Tagalog



**Aung Thu, M.D.**  
27851 Bradley Rd., #180  
Sun City, CA 92586  
**(951) 301-0560**  
*Board Certified Internal Medicine*  
Other Language(s): Burmese



**Sindu Pillai, M.D.**  
28078 Baxter Rd., #434  
Murrieta, CA 92563  
**(951) 679-2100**  
*Board Certified Pediatrics*  
Other Language(s): Malay, Arabic



**Bryan To, M.D.**  
24910 Las Brisas Rd., #120  
Murrieta, CA 92562  
**(951) 677-9898**  
*Internal Medicine*  
Other Language(s):  
Vietnamese, Cantonese



**Charles Pumphrey, M.D.**  
29798 Haun Rd., #304  
Menifee, CA 92586  
**(951) 679-3159**  
*Board Certified Pediatrics*  
Other Language(s): Spanish



# Looking for a New Doctor?

## Which Doctor is Right for You?

- Have you recently moved to a new city?
- Is your doctor retiring?
- Are you trying to figure out what kind of doctor you need for your general health problems or symptoms you're having?
- Need a bilingual doctor?

Your **primary care doctor** or **primary care physician (PCP)** helps maintain your overall health by focusing on preventive care.



### What type of doctor do you need?

There are many options, but the list below qualifies as PCPs:

- **Family Medicine or General Practice:** General practitioners treat a wide range of medical problems in all ages. Family practitioners are similar to general practitioners, but have extra training to care for all family members, young or old.
- **Internal Medicine:** Internists are doctors for adults. Some internists take additional training to become specialists. For example, a neurologist is an internist who specializes in the diagnosis and treatment of brain, spinal cord, and nervous system diseases, such as multiple sclerosis, Alzheimer's disease, headaches, stroke, or injury.
- **Pediatrics:** Pediatricians specialize in the care of children.
- **Geriatrics:** Geriatricians are trained in family practice or internal medicine and has additional training for older adults.

It's important to choose a doctor that fits your health care needs. If you have a specific health concern, look for a doctor who specializes in that area (e.g. heart disease, women's health issues, lung problems).



### Your primary care doctor coordinates the following care:

- If you need a referral to a specialist
- If you need to be admitted to a hospital

### About PrimeCare

PrimeCare has over 350 primary care doctors to choose from who are dedicated to promoting your overall well-being and is the largest network of independently-contracted doctors in the Inland Empire. PrimeCare doctors take pride in the relationships they build with their patients, many of whom have been with PrimeCare for several generations.

Let us help you find the right doctor that best suits your health care needs. Call our toll-free number at **1-888-313-7929** or visit our website at **[providersearch.primecare.com](http://providersearch.primecare.com)**.