

# PrimeCare of Temecula

## Physician & Facilities Directory

Serving Temecula, Murrieta, Wildomar, Lake Elsinore, Menifee, Sun City



**Your time and health are important. Choose doctors that put you first!**

PrimeCare of Temecula is committed to providing every patient with quality care. We want you to feel great and be able to do the things you love. Your well-being and happiness are the best measures of our success.

It's easy to join PrimeCare of Temecula. Simply select a primary care doctor with us and choose one of the health plans we accept. To make the switch today, call your health plan (phone number is on the back of your health plan ID card).

Additional information about PrimeCare:

1-888-313-7929 | [primecare.com](http://primecare.com)

**PrimeCare** of Temecula

Part of OptumCare®

Last updated: 01/20/2018

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*Please check with your Primary Care Physician for a complete list of specialists.*

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The company does not discriminate on the basis of race, color, national origin, sex, age, or disability in health programs and activities.

We provide free services to help you communicate with us. Such as, letters in other languages or large print. Or, you can ask for an interpreter. To ask for help, please call 1-800-956-8000, Option 5.

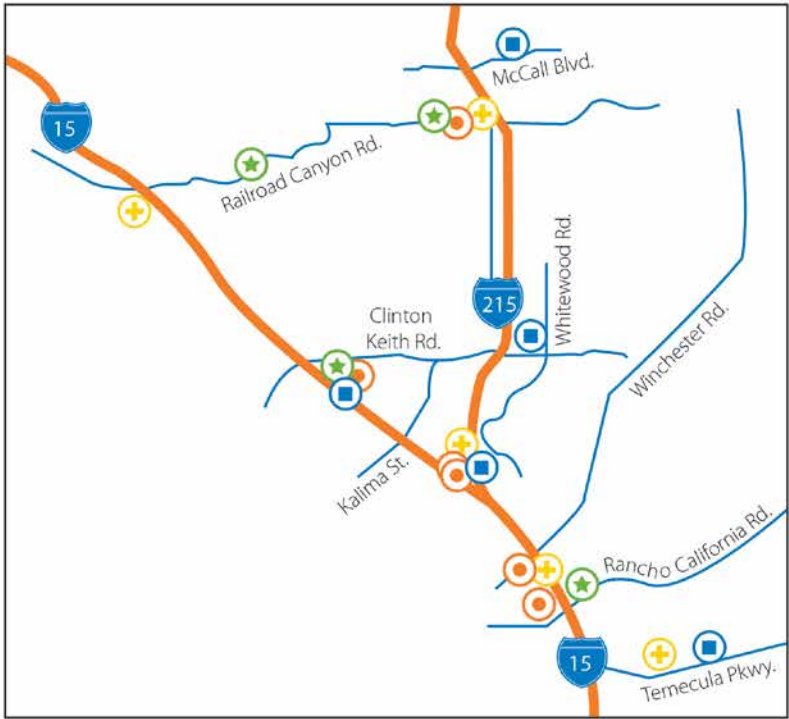
ATENCIÓN: Si habla español (Spanish), hay servicios de asistencia de idiomas, sin cargo, a su disposición. Llame al 1-800-956-8000, Option 5.

請注意：如果您說中文 (Chinese)，我們免費為您提供語言協助服務。請致電：  
1-800-956-8000, Option 5.

PrimeCare is a network of independently-contracted doctors and part of OptumCare®. OptumCare keeps you healthier and feeling your best by providing care that is built around you. Learn more at [optumcare.com](http://optumcare.com). Optum® and OptumCare® are trademarks of Optum, Inc.

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# Service Locations for PrimeCare of Temecula



- Urgent care centers
- Lab services
- Hospitals
- Outpatient radiology services



## URGENT CARE CENTERS

**Important:** To seek same-day care during regular office hours, **you should always contact your Primary Care Physician (PCP) first**, before going to an urgent care facility. Urgent care is not a substitute for the regular care you receive from your PCP.

### **Inland Urgent Care of Temecula**

29738-B Rancho California Rd., Temecula, CA 92591  
Open 7 days a week 9 a.m. - 9 p.m.

**(951) 303-6440**

F: (951) 303-6449

### **Inland Urgent Care of Sun City**

27168 Newport Rd., Ste. 1, Menifee, CA 92584  
Open 7 days a week 9 a.m. - 9 p.m.

**(951) 246-3033**

F: (951) 246-7373

### **Inland Urgent Care of Wildomar**

36320 Inland Valley Drive, Ste. 307, Wildomar, CA 92595  
Open 7 days a week 9 a.m. - 9 p.m.

**(951) 600-0110**

F: (951) 600-1489

### **Inland Urgent Care of Canyon Hills**

29997 Canyon Hills Rd., Ste. 1604, Lake Elsinore, CA 92532  
Open 7 days a week 9 a.m. - 9 p.m.

**(951) 244-2224**

F: (951) 244-1244



## HOSPITALS

### **Inland Valley Regional Medical Center**

36485 Inland Valley Dr., Wildomar, CA 92595

**(951) 677-1111**

### **Rancho Springs Medical Center**

25500 Medical Center Dr., Murrieta, CA 92562

**(951) 696-6000**

### **Menifee Valley Medical Center**

28400 McCall Blvd., Sun City, CA 92586

**(951) 679-8888**

### **Loma Linda University Medical Center – Murrieta**

28062 Baxter Rd., Murrieta, CA 92563

**(951) 290-4000**

### **Temecula Valley Hospital – Temecula**

31700 Temecula Pkwy., Temecula, CA 92592

**(951) 331-2200**

 **LAB SERVICES**

Please visit [questdiagnostics.com](http://questdiagnostics.com) for hours of operation.

**Quest Diagnostics – Menifee** (951) 672-0852  
29798 Haun Rd., Ste. 201, Menifee, CA 92586 F: (951) 672-1539

**Quest Diagnostics – Jefferson** (951) 694-4301  
27699 Jefferson Ave., Ste. 109, Temecula, CA 92590 F: (951) 695-4400

**Quest Diagnostics – Temecula Parkway** (951) 719-1140  
31515 Rancho Pueblo Rd., Ste. 203, Temecula, CA 92592 F: (951) 719-1195

**Quest Diagnostics – Murrieta** (951) 461-2315  
25405 Hancock Ave., Ste. 102, Murrieta, CA 92562 F: (951) 461-2286

**Quest Diagnostics – Wildomar** (951) 471-3271  
32251 Mission Trail Rd., Ste. G1, Lake Elsinore, CA 92530 F: (951) 471-3434

 **OUTPATIENT RADIOLOGY SERVICES**

**Temecula Valley Imaging** (951) 699-7161  
(US, X-ray, Mammograms & Dexa Scans) F: (951) 676-7287  
25395 Hancock Ave., Ste. 110, Murrieta, CA 92562

**Temecula Valley Advanced Imaging** (951) 587-8956  
(PET/CT, MRI, Dexa, MRI Guided) F: (951) 587-8290  
25455 Medical Center Dr., Ste. 100, Murrieta, CA 92562

**Temecula Valley Imaging Wildomar** (951) 461-0596  
(X-ray – Max 300 lbs) F: (951) 461-0293  
36320 Inland Valley Dr., Ste. 303, Wildomar, CA 92595

**Temecula Valley Imaging Menifee** (951) 566-5813  
(X-ray) F: (951) 566-5725  
27168 Newport Rd., Ste. B, Menifee, CA 92584

**Temecula Valley Imaging (Satellite)** (951) 694-6052  
(X-ray – Max 300 lbs) F: (951) 694-6272  
28780 Single Oak Dr., Ste. 155, Temecula, CA 92590

 **OUTPATIENT RADIOLOGY SERVICES (cont.)****The Breast Care Center of Temecula**

(Stereotactic, Digital Mammograms, US, Dexa Scans)  
25455 Medical Center Dr., Ste. 210, Murrieta, CA 92562

**(951) 608-2839**

F: (951) 608-2863

**San Jacinto Imaging**

(Open MRI, Dexa, Digital Mammo, US, X-ray)  
1695 S. San Jacinto Ave., Ste. B, San Jacinto, CA 92583

**(951) 587-8956**

F: (951) 665-1550

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## PrimeCare of Temecula Physician Directory

### Primary Care Physicians



**Joseph Asprec, M.D.**

31571 Canyon Estates Dr., #219  
Lake Elsinore, CA 92532

**(951) 674-7811**

*Family Medicine*

Other Language(s): Tagalog



**Alwin Bagingito, M.D.**

41238 Margarita Rd., #104  
Temecula, CA 92591

**(951) 695-6787**

*Board Certified Family Medicine*

Other Language(s): Spanish



**Jon Atiga, M.D.**

25405 Hancock Ave., #108  
Murrieta, CA 92562

**(951) 304-7854**

*Pediatrics*

Other Language(s): Tagalog, Spanish



**Saif Bajwa, M.D.**

16800 Lakeshore Dr., #2  
Lake Elsinore, CA 92530

**(951) 674-2155**

*Board Certified Internal Medicine*

**closed to new members**

Other Language(s): Urdu



**Rolando Atiga, M.D.**

25405 Hancock Ave., #105  
Murrieta, CA 92562

**(951) 695-4688**

*Board Certified Family Medicine*

Other Language(s): Spanish



**Sabry Bakr, M.D.**

36320 Inland Valley Dr., #207  
Wildomar, CA 92595

**(951) 698-5446**

*Board Certified Pediatrics*

Other Language(s): Arabic



**Joanna Ayala, M.D.**

29995 Technology Dr., #202  
Murrieta, CA 92563

**(951) 698-1118**

*Board Certified Family Medicine*

Other Language(s): Spanish



**Ronald Becker, M.D.**

24679 Monroe Ave., #D102  
Murrieta, CA 92562

**(951) 600-2681**

*Board Certified Pediatrics*

Other Language(s): Spanish



**Azim Azhand, M.D., FAAP**

27450 Ynez Rd., #108  
Temecula, CA 92591

**(951) 695-4333**

*Board Certified Pediatrics*

Other Language(s): Persian



**Marcella A. Bonnici, M.D.**

36320 Inland Valley Dr., #201  
Wildomar, CA 92595

**(951) 816-3233**

*Board Certified Family Medicine*

## PrimeCare of Temecula Physician Directory

### Primary Care Physicians



**Caroline Dimarucot, M.D.**  
41715 Winchester Rd., #201B  
Temecula, CA 92590  
**(951) 296-2960**  
*Board Certified Pediatrics*  
Other Language(s): Tagalog, Spanish



**Richard Lam, M.D.**  
41900 Winchester Rd., #100  
Temecula, CA 92590  
**(951) 676-2923**  
*Internal Medicine*  
Other Language(s): Vietnamese



**Rhoda Estrella, M.D.**  
25495 Medical Center Dr., #301  
Murrieta, CA 92562  
**(951) 461-1070**  
*Board Certified Family Medicine*  
Other Language(s): Tagalog, Ilocano



**Kathy McDonald, M.D.**  
31493 Rancho Pueblo Rd., #107  
Temecula, CA 92592  
**(951) 303-3337**  
*Board Certified Family Medicine*



**Abdul Farzin, M.D.**  
36320 Inland Valley Dr., #209  
Wildomar, CA 92595  
**(951) 600-0640**  
*Board Certified Family Medicine*  
Other Language(s): Farsi



**Robert McDonald, M.D.**  
31493 Rancho Pueblo Rd., #107  
Temecula, CA 92592  
**(951) 303-3337**  
*Board Certified Family Medicine*



**John Feeney, D.O.**  
25405 Hancock Ave., #105  
Murrieta, CA 92562  
**(951) 695-4688**  
*Board Certified Family Medicine*



**Latifah McGinness, M.D.**  
32299 Wildomar Rd.  
Lake Elsinore, CA 92530  
**(951) 471-0042**  
*Board Certified Pediatrics*  
Other Language(s): Malay



**James Krieg, M.D.**  
29826 Haun Rd., #302  
Menifee, CA 92586  
**(951) 672-1911**  
*Board Certified Internal Medicine*



**Kelly McKarahan, D.O.**  
25095 Jefferson Ave., #202  
Murrieta, CA 92562  
**(951) 696-9566**  
*Board Certified Family Medicine*



## PrimeCare of Temecula Physician Directory

### Primary Care Physicians



**Brian Nguyen, M.D.**

31565 Rancho Pueblo Rd., #102  
Temecula, CA 92592

**(951) 303-1701**

*Internal Medicine*

Other Language(s):  
Spanish, Vietnamese



**Farid Saadat, M.D.**

425 Diamond Dr., #102  
Lake Elsinore, CA 92530

**(951) 471-5711**

*Board Certified Internal Medicine*

Other Language(s): Persian



**Christine U. Nguyen, M.D.**

31565 Rancho Pueblo Rd., #102  
Temecula, CA 92592

**(951) 303-1701**

*Internal Medicine*

Other Language(s):  
Spanish, Vietnamese



**Ernesto Salas, M.D.**

27699 Jefferson Ave., #311  
Temecula, CA 92590

**(951) 693-1159**

*Internal Medicine*

Other Language(s): Tagalog, Spanish



**Tuan N. Nguyen, M.D.**

28078 Baxter Rd., #320  
Murrieta, CA 92563

**(951) 246-4546**

*Family Medicine*



**Shafi Siddiqi, M.D.**

31571 Canyon Estates Dr., #131  
Lake Elsinore, CA 92532

**(951) 226-0866**

*Internal Medicine*

Other Language(s): Persian



**Consuelo Ocampo, M.D.**

29645 Rancho California Rd., #138  
Temecula, CA 92591

**(951) 695-7228**

*Board Certified Family Medicine*

Other Language(s): Tagalog



**Frank Tang, M.D.**

40690 California Oaks Rd., Ste. A  
Murrieta, CA 92562

**(951) 677-0098**

*Family Medicine / Board Certified  
Pediatrics*

Other Language(s):  
Cantonese, Vietnamese, Mandarin



**Sindu Pillai, M.D.**

24910 Las Brisas Rd., #114  
Murrieta, CA 92562

**(951) 600-9093**

28078 Baxter Rd., #434

Murrieta, CA 92563

**(951) 679-2100**

*Board Certified Pediatrics*

Other Language(s): Malay, Arabic



**Bryan To, M.D.**

24910 Las Brisas Rd., #120  
Murrieta, CA 92562

**(951) 677-9898**

*Internal Medicine*

Other Language(s):  
Vietnamese, and Cantonese

## PrimeCare of Temecula Physician Directory

### Primary Care Physicians



**Krishna Vasant, M.D.**

40285 Winchester Rd., #102  
Temecula, CA 92591

**(951) 296-2055**

*Pediatrics*

Other Language(s): Hindi, Spanish

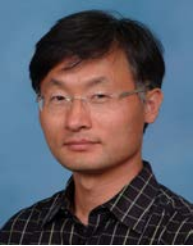


**David Zebrack, D.O.**

40285 Winchester Rd., #103  
Temecula, CA 92591

**(951) 296-5844**

*Board Certified Family Medicine*



**Jonathan Yun, D.O.**

24910 Las Brisas Rd., #111  
Murrieta, CA 92562

**(951) 694-8549**

*Board Certified Family Medicine*

Other Language(s): Korean

# Looking for a New Doctor?

## Which Doctor is Right for You?

- Have you recently moved to a new city?
- Is your doctor retiring?
- Are you trying to figure out what kind of doctor you need for your general health problems or symptoms you're having?
- Need a bilingual doctor?

Your **primary care doctor** or **primary care physician (PCP)** helps maintain your overall health by focusing on preventive care.



### What type of doctor do you need?

There are many options, but the list below qualifies as PCPs:

- **Family Medicine or General Practice:** General practitioners treat a wide range of medical problems in all ages. Family practitioners are similar to general practitioners, but have extra training to care for all family members, young or old.
- **Internal Medicine:** Internists are doctors for adults. Some internists take additional training to become specialists. For example, a neurologist is an internist who specializes in the diagnosis and treatment of brain, spinal cord, and nervous system diseases, such as multiple sclerosis, Alzheimer's disease, headaches, stroke, or injury.
- **Pediatrics:** Pediatricians specialize in the care of children.
- **Geriatrics:** Geriatricians are trained in family practice or internal medicine and has additional training for older adults.

It's important to choose a doctor that fits your health care needs. If you have a specific health concern, look for a doctor who specializes in that area (e.g. heart disease, women's health issues, lung problems).



### Your primary care doctor coordinates the following care:

- If you need a referral to a specialist
- If you need to be admitted to a hospital

### About PrimeCare

PrimeCare has over 350 primary care doctors to choose from who are dedicated to promoting your overall well-being and is the largest network of independently-contracted doctors in the Inland Empire. PrimeCare doctors take pride in the relationships they build with their patients, many of whom have been with PrimeCare for several generations.

Let us help you find the right doctor that best suits your health care needs. Call our toll-free number at **1-888-313-7929** or visit our website at **[providersearch.primecare.com](http://providersearch.primecare.com)**.