

Diabetes Screenings



Regular checkups and health screenings can help keep your diabetes under control and prevent complications. Get screened at least once a year. Below is some information on these screenings.

Blood sugar screening

The results of this test show how your diabetes is being managed over time.

Cholesterol screening

Knowing your LDL (bad cholesterol) and HDL (good cholesterol) levels will help you plan your diet. This can lower your chances of having a heart attack or stroke.

Dilated eye exam

This test will find early signs of eye damage from diabetes. You can prevent vision loss if problems are detected early on.

Other diabetes screenings

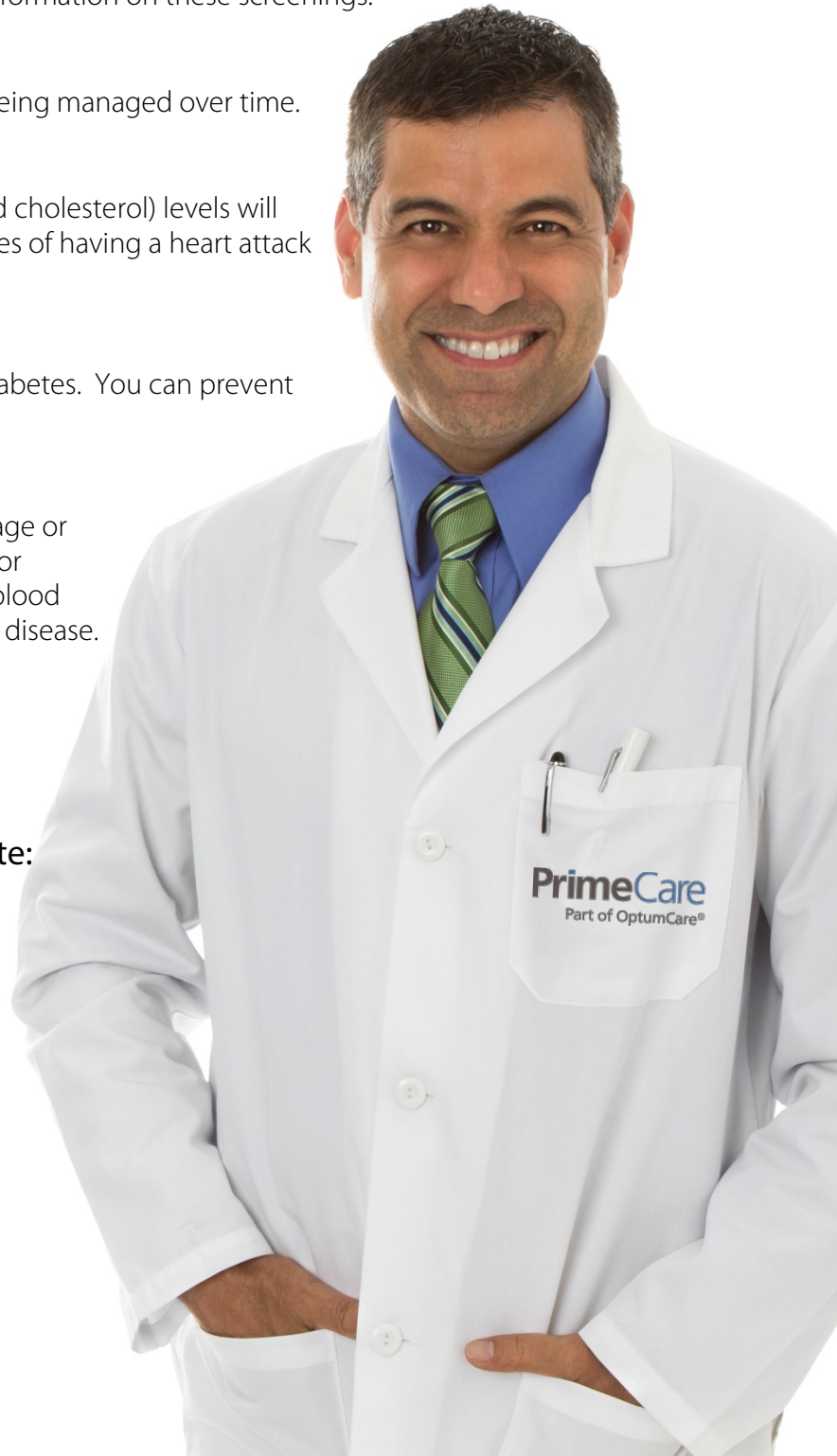
Foot exams help determine if you have nerve damage or poor blood circulation. Kidney function tests look for signs or symptoms of kidney disease. Taking your blood pressure will let you know if you are at risk for heart disease.

For more information on PrimeCare, call our toll-free number or visit our website:

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We provide free services to help you communicate with us. Such as, letters in other languages or large print. Or, you can ask for an interpreter. To ask for help, please call 1-800-956-8000.

ATENCIÓN: Si habla español (Spanish), hay servicios de asistencia de idiomas, sin cargo, a su disposición. Llame al 1-800-956-8000.

請注意：如果您說中文 (Chinese)，我們免費為您提供語言協助服務。請致電：1-800-956-8000。

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