

Discuss with your doctor



Fall risk prevention



Bladder control issues



Smoking cessation



Immunization update (flu, pneumonia)



Medication review

Preventive service

Frequency

Wellness visit

Annually

Mammogram screening

Once every 2 years for women

Colorectal cancer screening

Ask your doctor what testing is the most appropriate for you

Diabetes screening

Ask your doctor, varies based on results

Diabetes management:

HbA1c

Cholesterol

Kidney function

Blood pressure

Retinal eye exam

Ask your doctor, usually at least annually

Cardiovascular screenings
for cholesterol, lipid and
triglyceride levels

Usually annually

Glaucoma test

Once every 2 years

Bone mass measurement

Once every 2 years for people with certain
medical conditions



*This list is a partial and high level overview. For complete information, please visit the Medicare website:
medicare.gov/publications