PRIMARY CARE FOR EVERY MEMBER OF YOUR FAMILY
Family Medicine • Internal Medicine • Geriatrics • General Practice • Pediatrics

Having a doctor who listens and understands you means more personalized care. With PrimeCare of Moreno Valley, our doctors get to know you so they can recommend care based on your health needs.

It’s easy to join PrimeCare of Moreno Valley. Simply select a primary care doctor with us and choose one of the health plans we accept. To make the switch today, call your health plan (phone number is on the back of your health plan ID card).

Additional information about PrimeCare:
primecare.com | PrimeCare of Moreno Valley
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Please check with your Primary Care Doctor for a complete list of specialists.

The company does not discriminate on the basis of race, color, national origin, sex, age, or
disability in health programs and activities.

We provide free services to help you communicate with us. Such as, letters in other languages or
large print. Or, you can ask for an interpreter. To ask for help, please call 1-800-956-8000, Option 5.

ATENCIÓN: Si habla español (Spanish), hay servicios de asistencia de idiomas, sin cargo, a su
disposición. Llame al 1-800-956-8000, Option 5.

請注意：如果您說中文 (Chinese)，我們免費為您提供語言協助服務。 請致電：
1-800-956-8000, Option 5.
Service Locations for PrimeCare of Moreno Valley
Important: To seek same-day care during regular office hours, you should always contact your Primary Care Physician (PCP) first, before going to an urgent care facility. Urgent care is not a substitute for the regular care you receive from your PCP.

Moreno Valley Urgent Care  
24318 Hemlock Ave., Ste. E1-E2, Moreno Valley, CA  92557  
F: (951) 243-5586  
Mon. – Fri. 4:00 p.m. - 6:00 p.m.; Closed Weekends; Most Holidays 8:00 a.m. – 2:00 p.m.

Moreno Beach Urgent Care  
27460 Eucalyptus Ave., Moreno Valley, CA  92555  
F: (951) 243-3200  
Open 7 days a week 9:00 a.m. - 9:00 p.m.  
Closed on all major Holidays

Apex Urgent Care, Inc.  
851 E. 6th St., Ste. B4, Beaumont, CA  92223  
F: (951) 845-2297  
Mon. – Fri. 4:00 p.m. - 6:00 p.m.; Sat. 9:00 a.m. – 4:00 p.m.  
Sun. 9:00 a.m. – 2:00 p.m.; Closed most major Holidays

Perris Valley Medical Group  
126 Avocado Ave., Ste. 207, Perris, CA  92571  
F: (951) 657-9644  
Mon. – Thurs. 8:00 a.m. – 5:30 p.m.; Sat. 8:30 a.m. – 2:00 p.m.  
Closed on Sundays and Holidays

Riverside Community Hospital  
4445 Magnolia Ave., Riverside, CA  92501

San Gorgonio Memorial Hospital  
600 N. Highland Springs Ave., Banning, CA  92220

Parkview Community Hospital Medical Center  
3865 Jackson St., Riverside, CA  92503

Quest Diagnostics – Riverside  
6485 Day St., Ste. 102, Riverside, CA  92507  
(951) 656-3601

Quest Diagnostics - Moreno Valley  
12730 Heacock St., Ste. 2, Moreno Valley, CA  92553  
(951) 485-8605

Please visit questdiagnostics.com for hours of operation.
LAB SERVICES (cont.)
Please visit questdiagnostics.com for hours of operation.

Quest Diagnostics - Perris  (951) 943-2487
1688 N. Perris Blvd., Ste. H1, Perris, CA  92571

Quest Diagnostics – Beaumont  (951) 845-8013
701 N. Highland Springs Ave., Ste. 6, Beaumont, CA 92223

Quest Diagnostics – Yucaipa  (909) 797-4983
33490 Oak Glen Rd., Ste. D, Yucaipa, CA 92399

OUTPATIENT RADIOLOGY SERVICES

*San Gorgonio Memorial Hospital  (951) 845-1121
600 N. Highland Springs Ave., Banning, CA 92220
F: (951) 845-5471
*For members residing in Banning, Beaumont, Cherry Valley and Cabazon areas only

**Healthcare Imaging Moreno Valley – RadNet  (951) 242-2508
12818 Heacock St., Ste. C-2, Moreno Valley, CA 92553
F: (951) 242-2548
**This facility cannot do the following:
Skulls (Any part of the head)
Facial Bones, Sinuses, Abdomens & KUB
Please refer members to the Riverside office for these procedures.

Healthcare Imaging Riverside – RadNet  (951) 682-7580
4334 Central Ave., Riverside, CA 92506
F: (951) 682-1580
MRI/MRA, Breast MRI, PET/CT, CT 4 slice, Ultrasound, Digital Mammography, X-ray,
Fluoroscopy, Vascular Ultrasound, Nuclear Medicine, Bone Densitometry, Stereotactic
Breast Biopsy, Arthrograms

Healthcare Imaging Citrus – RadNet  (951) 200-5410
6485 Day St., Ste. 101, Riverside, CA 92507
F: (951) 656-6068
Mammography, Dexa, Ultrasound, X-ray

*Changes occur on a daily basis and while we try to maintain our records, there may be changes that are
not reflected on this directory.
<table>
<thead>
<tr>
<th>Name</th>
<th>Address</th>
<th>Phone</th>
<th>Specialties</th>
<th>Language(s)</th>
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<tbody>
<tr>
<td>Samuel Bolivar, M.D.</td>
<td>10600 Magnolia Ave., #J</td>
<td>(951) 352-3417</td>
<td>Board Certified Internal Medicine</td>
<td>Spanish</td>
</tr>
<tr>
<td>Veronica Contreras, D.O.</td>
<td>4190 Chicago Ave.</td>
<td>(951) 683-2106</td>
<td>Pediatrics</td>
<td></td>
</tr>
<tr>
<td>Singh A. Boun, M.D.</td>
<td>1688 N. Perris Blvd., #H-4</td>
<td>(951) 657-7876</td>
<td>Pediatrics</td>
<td>Cambodian, Cantonese, Mandarin, Spanish</td>
</tr>
<tr>
<td>Nizar Ibrahim, M.D.</td>
<td>126 Avocado Ave., #106</td>
<td>(951) 943-7212</td>
<td>Family Medicine</td>
<td>Spanish</td>
</tr>
<tr>
<td>Justina Breseno, M.D.</td>
<td>6485 Day St., #103</td>
<td>(951) 653-1683</td>
<td>Board Certified Pediatrics</td>
<td>Spanish</td>
</tr>
<tr>
<td>Dong S. Kim, M.D.</td>
<td>11441 Heacock St., #F</td>
<td>(951) 243-8000</td>
<td>Board Certified Family Medicine/Geriatics/Board Certified Internal Medicine</td>
<td>Korean, Spanish</td>
</tr>
<tr>
<td>Margery U. Chirwa, M.D.</td>
<td>12980 Frederick St., #C</td>
<td>(951) 242-5760</td>
<td>Board Certified Family Medicine</td>
<td></td>
</tr>
<tr>
<td>Elizabeth C. Laqui, M.D.</td>
<td>494 W. 4th St.</td>
<td>(951) 943-8899</td>
<td>Pediatrics</td>
<td>Tagalog</td>
</tr>
<tr>
<td>Emilia Cho, M.D.</td>
<td>24226 Sunnymead Blvd.</td>
<td>(951) 601-6802</td>
<td>Board Certified Pediatrics</td>
<td>Spanish, Korean</td>
</tr>
<tr>
<td>Howard Levy, D.O.</td>
<td>57370 29 Palms Hwy., #203</td>
<td>(760) 369-0069</td>
<td>Board Certified Family Medicine</td>
<td></td>
</tr>
</tbody>
</table>
PrimeCare of Moreno Valley Network Directory
Primary Care Doctors

Jose M. Limon, M.D.  
22635 Alessandro Blvd., Unit 400, #A  
Moreno Valley, CA 92553  
(951) 242-2226  
264 N. Highland Springs, #3D  
Banning, CA 92220  
(951) 845-6993  
Board Certified Internal Medicine  
Other Language(s): Spanish

Ahsan U. Qazi, M.D.  
12980 Frederick St., #C  
Moreno Valley, CA 92553  
(951) 242-5760  
264 N. Highland Springs, #2-A  
Banning, CA 92220  
(951) 845-8856  
Board Certified Internal Medicine  
Other Language(s): Urdu

Helena Mba, M.D.  
6485 Day St., #203  
Riverside, CA 92507  
(951) 697-5800  
Board Certified Family Medicine/OBGYN  
Other Language(s): Spanish

Nawazish S. Qazi, M.D.  
264 N. Highland Springs, #2-A  
Banning, CA 92220  
(951) 845-8856  
Internal Medicine  
Other Language(s): Urdu

Monalisa Patel, M.D.  
498 W. 4th St.  
Perris, CA 92570  
(951) 943-8899  
4190 Chicago Ave.  
Riverside, CA 92507  
(951) 683-2106  
Board Certified Pediatrics  
Other Language(s): Gujarati, Hindi

Ghaleb Sabbah, M.D.  
3559 W. Ramsey St., #D6  
Banning, CA 92220  
(951) 846-3261  
Internal Medicine  
Other Language(s): Italian

Somchit Poom, M.D.  
2055 N. Perris Blvd., #E6  
Perris, CA 92570  
(951) 940-4176  
Board Certified Family Medicine  
Other Language(s): Thai

Pablo Sobero, M.D.  
13050 Heacock St.  
Moreno Valley, CA 92553  
(951) 485-8490  
Board Certified Family Medicine  
Other Language(s): Spanish

Lida Poommipanit-Bajon, M.D.  
2055 N. Perris Blvd., #E6  
Perris, CA 92570  
(951) 940-4176  
Board Certified Family Medicine

Darren Thompson, D.O.  
126 Avocado Ave., #106  
Perris, CA 92571  
(951) 943-7212  
General Practice  
Other Language(s): Spanish

Last updated 4/13/2019
PrimeCare of Moreno Valley Network Directory
Primary Care Doctors

Ernesto Tiznado-Garcia, M.D.
126 Avocado Ave., #106
Perris, CA  92571
(951) 943-7212
*General Practice*
Other Language(s): Spanish

George Villanueva, D.O.
126 Avocado Ave., #207
Perris, CA  92571
(951) 657-0544
*Family Medicine*
Other Language(s): Spanish

Last updated 4/13/2019
Looking for a New Doctor?  
Which Doctor is Right for You?

- Have you recently moved to a new city?
- Is your doctor retiring?
- Are you trying to figure out what kind of doctor you need for your general health problems or symptoms you’re having?
- Need a bilingual doctor?

Your **primary care doctor** or **primary care physician (PCP)** helps maintain your overall health by focusing on preventive care.

What type of doctor do you need?

There are many options, but the list below qualifies as PCPs:

- **Family Medicine or General Practice**: General practitioners treat a wide range of medical problems in all ages. Family practitioners are similar to general practitioners, but have extra training to care for all family members, young or old.

- **Internal Medicine**: Internists are doctors for adults. Some internists take additional training to become specialists. For example, a neurologist is an internist who specializes in the diagnosis and treatment of brain, spinal cord, and nervous system diseases, such as multiple sclerosis, Alzheimer’s disease, headaches, stroke, or injury.

- **Pediatrics**: Pediatricians specialize in the care of children.

- **Geriatrics**: Geriatricians are trained in family practice or internal medicine and has additional training for older adults.

It’s important to choose a doctor that fits your health care needs. If you have a specific health concern, look for a doctor who specializes in that area (e.g. heart disease, women’s health issues, lung problems).

**Your primary care doctor coordinates the following care:**

- If you need a referral to a specialist
- If you need to be admitted to a hospital

**About PrimeCare**

PrimeCare has over 350 primary care doctors to choose from who are dedicated to promoting your overall well-being and is the largest network of independently-contracted doctors in the Inland Empire. PrimeCare doctors take pride in the relationships they build with their patients, many of whom have been with PrimeCare for several generations.

Let us help you find the right doctor that best suits your health care needs. Call our toll-free number at **1-800-956-8000**, **Option 5** or visit our website at **primecare.com**.