

# PrimeCare of Moreno Valley

## Network Directory

Serving Moreno Valley, Banning, Beaumont, Perris, Riverside



### PRIMARY CARE FOR EVERY MEMBER OF YOUR FAMILY

**Family Medicine • Internal Medicine • Geriatrics • General Practice • Pediatrics**

Having a doctor who listens and understands you means more personalized care. With PrimeCare of Moreno Valley, our doctors get to know you so they can recommend care based on your health needs.

It's easy to join PrimeCare of Moreno Valley. Simply select a primary care doctor with us and choose one of the health plans we accept. To make the switch today, call your health plan (phone number is on the back of your health plan ID card).

Additional information about PrimeCare:

[primecare.com](http://primecare.com) |  

**PrimeCare** of Moreno Valley

Part of OptumCare®

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*Please check with your Primary Care Doctor for a complete list of specialists.*

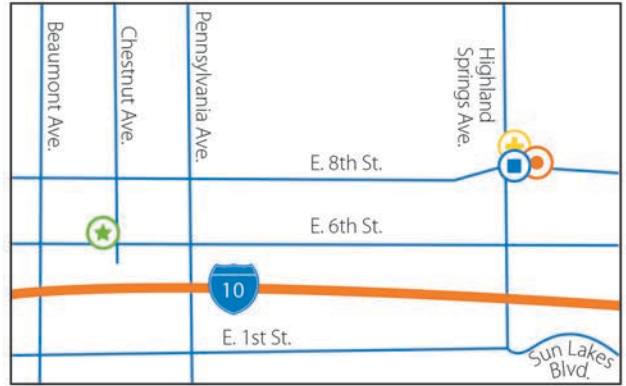
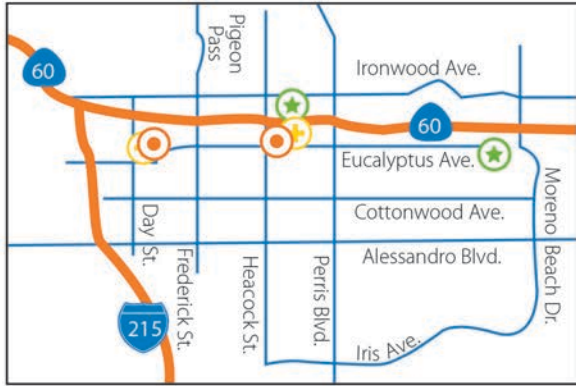
The company does not discriminate on the basis of race, color, national origin, sex, age, or disability in health programs and activities.

We provide free services to help you communicate with us. Such as, letters in other languages or large print. Or, you can ask for an interpreter. To ask for help, please call 1-800-956-8000, Option 5.

ATENCIÓN: Si habla español (Spanish), hay servicios de asistencia de idiomas, sin cargo, a su disposición. Llame al 1-800-956-8000, Option 5.

請注意：如果您說中文 (Chinese)，我們免費為您提供語言協助服務。請致電：  
1-800-956-8000, Option 5.

## Service Locations for PrimeCare of Moreno Valley



- ★ Urgent care centers
- + Lab services
- Hospitals
- Outpatient radiology services



## URGENT CARE CENTERS

**Important:** To seek same-day care during regular office hours, ***you should always contact your Primary Care Physician (PCP) first***, before going to an urgent care facility. Urgent care is not a substitute for the regular care you receive from your PCP.

### **Moreno Valley Urgent Care**

24318 Hemlock Ave., Ste. E1-E2, Moreno Valley, CA 92557  
Mon. – Fri. 4:00 p.m. - 6:00 p.m.; Closed Weekends; Most Holidays 8:00 a.m. – 2:00 p.m.

**(951) 243-5050**

F: (951) 243-5586

### **Moreno Beach Urgent Care**

27460 Eucalyptus Ave., Moreno Valley, CA 92555  
Open 7 days a week 9:00 a.m. - 9:00 p.m.  
Closed on all major Holidays

**(951) 243-2200**

F: (951) 243-3200

### **Apex Urgent Care, Inc.**

851 E. 6<sup>th</sup> St., Ste. B4, Beaumont, CA 92223  
Mon. – Fri. 4:00 p.m. - 6:00 p.m.; Sat. 9:00 a.m. – 4:00 p.m.  
Sun. 9:00 a.m. – 2:00 p.m.; Closed most major Holidays

**(951) 845-2294**

F: (951) 845-2297

### **Perris Valley Medical Group**

126 Avocado Ave., Ste. 207, Perris, CA 92571  
Mon. – Thurs. 8:00 a.m. – 5:30 p.m.; Sat. 8:30 a.m. – 2:00 p.m.  
Closed on Sundays and Holidays

**(951) 657-0544**

F: (951) 657-9644



## HOSPITALS

### **Riverside Community Hospital**

4445 Magnolia Ave., Riverside, CA 92501

**(951) 788-3000**

### **San Geronio Memorial Hospital**

600 N. Highland Springs Ave., Banning, CA 92220

**(951) 845-1121**

### **Parkview Community Hospital Medical Center**

3865 Jackson St., Riverside, CA 92503

**(951) 688-2211**



## LAB SERVICES

Please visit [questdiagnostics.com](http://questdiagnostics.com) for hours of operation.

### **Quest Diagnostics – Riverside**

6485 Day St., Ste. 102, Riverside, CA 92507

**(951) 656-3601**

### **Quest Diagnostics - Moreno Valley**

12730 Heacock St., Ste. 2, Moreno Valley, CA 92553

**(951) 485-8605**



## LAB SERVICES (cont.)

Please visit [questdiagnostics.com](http://questdiagnostics.com) for hours of operation.

### Quest Diagnostics - Perris

1688 N. Perris Blvd., Ste. H1, Perris, CA 92571

**(951) 943-2487**

### Quest Diagnostics – Beaumont

701 N. Highland Springs Ave., Ste. 6, Beaumont, CA 92223

**(951) 845-8013**

### Quest Diagnostics – Yucaipa

33490 Oak Glen Rd., Ste. D, Yucaipa, CA 92399

**(909) 797-4983**



## OUTPATIENT RADIOLOGY SERVICES

### \*San Geronio Memorial Hospital

600 N. Highland Springs Ave., Banning, CA 92220

**(951) 845-1121**

F: (951) 845-5471

\*For members residing in Banning, Beaumont, Cherry Valley and Cabazon areas only

### \*\*Healthcare Imaging Moreno Valley – RadNet

12818 Heacock St., Ste. C-2, Moreno Valley, CA 92553

**(951) 242-2508**

F: (951) 242-2548

\*\*This facility cannot do the following:

Skulls (Any part of the head)

Facial Bones, Sinuses, Abdomens & KUB

Please refer members to the Riverside office for these procedures.

### Healthcare Imaging Riverside – RadNet

4334 Central Ave., Riverside, CA 92506

**(951) 682-7580**

F: (951) 682-1580

MRI/MRA, Breast MRI, PET/CT, CT 4 slice, Ultrasound, Digital Mammography, X-ray, Fluoroscopy, Vascular Ultrasound, Nuclear Medicine, Bone Densitometry, Stereotactic Breast Biopsy, Arthrograms

### Healthcare Imaging Citrus – RadNet

6485 Day St., Ste. 101, Riverside, CA 92507

**(951) 200-5410**

F: (951) 656-6068

Mammography, Dexa, Ultrasound, X-ray

\*Changes occur on a daily basis and while we try to maintain our records, there may be changes that are not reflected on this directory.

# PrimeCare of Moreno Valley Network Directory

## Primary Care Doctors



**Samuel Bolivar, M.D.**  
10600 Magnolia Ave., #J  
Riverside, CA 92505  
**(951) 352-3417**  
*Board Certified Internal Medicine*  
Other Language(s): Spanish

Photo  
Currently  
Not  
Available

**Veronica Contreras, D.O.**  
4190 Chicago Ave.  
Riverside, CA 92507  
**(951) 683-2106**  
*Pediatrics*  
Other Language(s): Spanish

Photo  
Currently  
Not  
Available

**Singh A. Boun, M.D.**  
1688 N. Perris Blvd., #H-4  
Perris, CA 92571  
**(951) 657-7876**  
*Pediatrics*  
Other Language(s): Cambodian,  
Cantonese, Mandarin, Spanish



**Dong S. Kim, M.D.**  
11441 Heacock St., #F  
Moreno Valley, CA 92557  
**(951) 243-8000**  
*Board Certified Family  
Medicine/Geriatrics/Board Certified  
Internal Medicine*  
Other Language(s): Korean, Spanish



**Justina Breseno, M.D.**  
6485 Day St., #103  
Riverside, CA 92507  
**(951) 653-1683**  
*Board Certified Pediatrics*  
Other Language(s): Spanish



**Elizabeth C. Laqui, M.D.**  
494 W. 4th St.  
Perris, CA 92570  
**(951) 943-8899**  
*Pediatrics*  
Other Language(s): Tagalog



**Margery U. Chirwa, M.D.**  
12980 Frederick St., #C  
Moreno Valley, CA 92553  
**(951) 242-5760**  
*Board Certified Family Medicine*



**Howard Levy, D.O.**  
57370 29 Palms Hwy., #203  
Yucca Valley, CA 92284  
**(760) 369-0069**  
*Board Certified Family Medicine*

Photo  
Currently  
Not  
Available

**Emilia Cho, M.D.**  
24226 Sunnymead Blvd.  
Moreno Valley, CA 92553  
**(951) 601-6802**  
4190 Chicago Ave.  
Riverside, CA 92507  
**(951) 683-2106**  
*Board Certified Pediatrics*  
Other Language(s): Spanish, Korean



**Jose M. Limon, M.D.**  
22635 Alessandro Blvd., Unit 400, #A  
Moreno Valley, CA 92553  
**(951) 242-2226**  
264 N. Highland Springs, #3D  
Banning, CA 92220  
**(951) 845-6993**  
*Board Certified Internal Medicine*  
Other Language(s): Spanish

# PrimeCare of Moreno Valley Network Directory

## Primary Care Doctors

**Helena Mba, M.D.**

6485 Day St., #203  
Riverside, CA 92507

**(951) 697-5800**

*Board Certified Family Medicine/OBGYN*  
Other Language(s): Spanish

**Ahsan U. Qazi, M.D.**

12980 Frederick St., #C  
Moreno Valley, CA 92553

**(951) 242-5760**

264 N. Highland Springs, #2-A  
Banning, CA 92220

**(951) 845-8856**

*Board Certified Internal Medicine*  
Other Language(s): Urdu

Photo  
Currently  
Not  
Available

**Duc H. Nguyen, D.O.**

4190 Chicago Ave.  
Riverside, CA 92507

**(951) 683-2106**

1688 N. Perris Blvd., #H-4  
Perris, CA 92571

**(951) 657-7876**

*Board Certified Pediatrics*

**Nawazish S. Qazi, M.D.**

264 N. Highland Springs, #2-A  
Banning, CA 92220

**(951) 845-8856**

*Internal Medicine*  
Other Language(s): Urdu

Photo  
Currently  
Not  
Available

**Monalisa Patel, M.D.**

498 W. 4th St.  
Perris, CA 92570

**(951) 943-8899**

4190 Chicago Ave.  
Riverside, CA 92507

**(951) 683-2106**

*Board Certified Pediatrics*

Other Language(s): Gujarati, Hindi

**Pablo Sobero, M.D.**

13050 Heacock St.  
Moreno Valley, CA 92553

**(951) 485-8490**

*Board Certified Family Medicine*  
Other Language(s): Spanish

**Somchit Poom, M.D.**

2055 N. Perris Blvd., #E6  
Perris, CA 92570

**(951) 940-4176**

*Board Certified Family Medicine*  
Other Language(s): Thai

Photo  
Currently  
Not  
Available

**Ernesto Tiznado-Garcia, M.D.**

126 Avocado Ave., #106  
Perris, CA 92571

**951943-7212**

1034 W. Ramsey Ave., #A  
Banning, CA 92220

**951849-2526**

*General Practice*  
Other Language(s): Spanish

**Lida Poommipanit-Bajon, M.D.**

2055 N. Perris Blvd., #E6  
Perris, CA 92570

**(951) 940-4176**

*Board Certified Family Medicine*

**George Villanueva, D.O.**

126 Avocado Ave., #207  
Perris, CA 92571

**(951) 657-0544**

*Family Medicine*  
Other Language(s): Spanish

# Looking for a New Doctor?

## Which Doctor is Right for You?

- Have you recently moved to a new city?
- Is your doctor retiring?
- Are you trying to figure out what kind of doctor you need for your general health problems or symptoms you're having?
- Need a bilingual doctor?

Your **primary care doctor** or **primary care physician (PCP)** helps maintain your overall health by focusing on preventive care.



### What type of doctor do you need?

There are many options, but the list below qualifies as PCPs:

- **Family Medicine or General Practice:** General practitioners treat a wide range of medical problems in all ages. Family practitioners are similar to general practitioners, but have extra training to care for all family members, young or old.
- **Internal Medicine:** Internists are doctors for adults. Some internists take additional training to become specialists. For example, a neurologist is an internist who specializes in the diagnosis and treatment of brain, spinal cord, and nervous system diseases, such as multiple sclerosis, Alzheimer's disease, headaches, stroke, or injury.
- **Pediatrics:** Pediatricians specialize in the care of children.
- **Geriatrics:** Geriatricians are trained in family practice or internal medicine and has additional training for older adults.

It's important to choose a doctor that fits your health care needs. If you have a specific health concern, look for a doctor who specializes in that area (e.g. heart disease, women's health issues, lung problems).



### Your primary care doctor coordinates the following care:

- If you need a referral to a specialist
- If you need to be admitted to a hospital

### About PrimeCare

PrimeCare has over 350 primary care doctors to choose from who are dedicated to promoting your overall well-being and is the largest network of independently-contracted doctors in the Inland Empire. PrimeCare doctors take pride in the relationships they build with their patients, many of whom have been with PrimeCare for several generations.

Let us help you find the right doctor that best suits your health care needs. Call our toll-free number at **1-800-956-8000, Option 5** or visit our website at **primecare.com**.