

PrimeCare of Redlands

Network Directory

Serving Redlands, Yucaipa, Banning



PRIMARY CARE FOR EVERY MEMBER OF YOUR FAMILY

Family Medicine • Internal Medicine

Having a doctor who listens and understands you means more personalized care. With PrimeCare of Redlands, our doctors get to know you so they can recommend care based on your health needs.

It's easy to join PrimeCare of Redlands. Simply select a primary care doctor with us and choose one of the health plans we accept. To make the switch today, call your health plan (phone number is on the back of your health plan ID card).

For more information, please visit [primecare.com](https://www.primecare.com)

 Like us on Facebook
facebook.com/PrimeCareMedicalNetwork

 Follow us on Instagram
[@primecare_part_of_optumcare](https://www.instagram.com/primecare_part_of_optumcare)

PrimeCare of Redlands

Part of OptumCare®

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Please check with your Primary Care Doctor for a complete list of specialists.

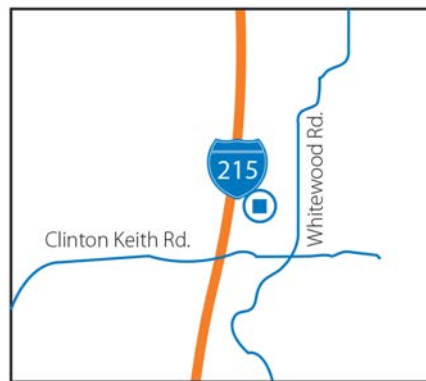
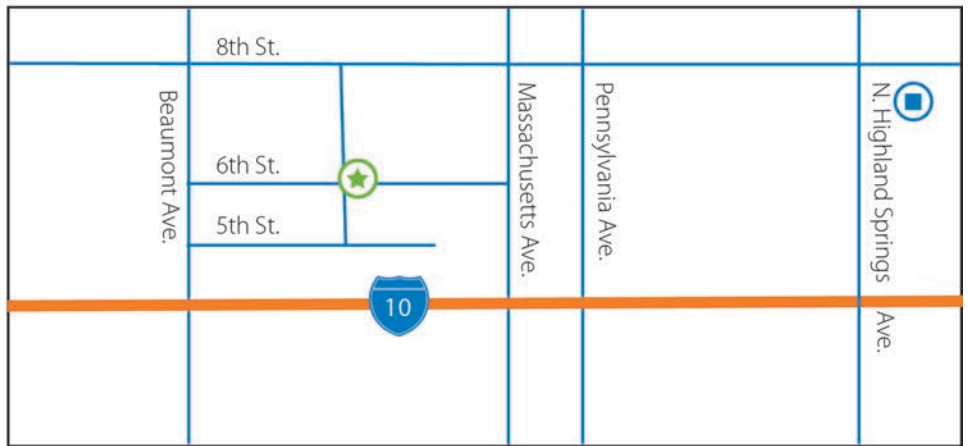
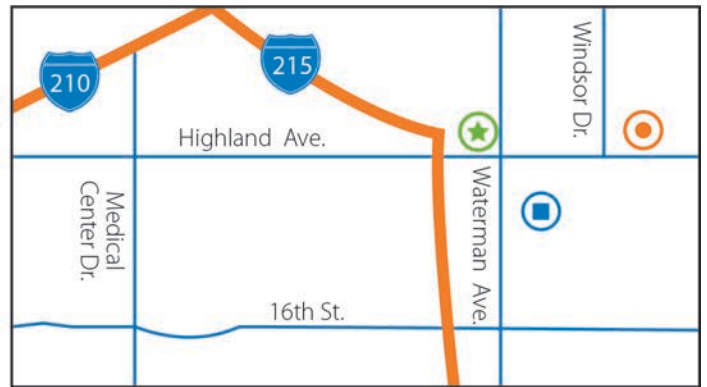
The company does not discriminate on the basis of race, color, national origin, sex, age, or disability in health programs and activities.

We provide free services to help you communicate with us. Such as, letters in other languages or large print. Or, you can ask for an interpreter. To ask for help, please call 1-800-956-8000, Option 5.

ATENCIÓN: Si habla español (Spanish), hay servicios de asistencia de idiomas, sin cargo, a su disposición. Llame al 1-800-956-8000, Option 5.

請注意：如果您說中文 (Chinese)，我們免費為您提供語言協助服務。請致電：1-800-956-8000, Option 5.

Service Locations for PrimeCare of Redlands



-  Urgent care centers
-  Lab services
-  Hospitals
-  Outpatient radiology services

URGENT CARE CENTERS

Important: To seek same-day care during regular office hours, **you should always contact your Primary Care Physician (PCP) first**, before going to an urgent care facility. Urgent care is not a substitute for the regular care you receive from your PCP.

Please call the location for the hours of operation.

Yucaipa Urgent Care Center (909) 797-8900
33494 Oak Glen Rd., Yucaipa, CA 92399

Apex Urgent Care (951) 845-2294
851 E. Sixth St., Ste. B4, Beaumont, CA 92223

Premier Urgent Care Centers of California, Inc. (909) 883-1098
284 E. Highland Ave., San Bernardino, CA 92404

HOSPITALS

Redlands Community Hospital (909) 335-5500
350 Terracina Blvd., Redlands, CA 92373

San Geronio Memorial Hospital (951) 845-1121
600 N. Highland Springs Ave., Banning, CA 92220

St. Bernardine Medical Center (909) 883-8711
2101 N. Waterman Ave., San Bernardino, CA 92404

Loma Linda University Medical Center - Murrieta (951) 290-4000
28062 Baxter Rd., Murrieta, CA 92563

LAB SERVICES

Please visit questdiagnostics.com for hours of operation.

Quest Diagnostics
245 Terracina Blvd., Suite 104B, Redlands, CA 92373 (909) 798-5846
25805 Barton Rd., Ste. A-104, Loma Linda, CA 92354 (909) 799-7684
34675 Yucaipa Blvd., Ste. 107, Yucaipa, CA 92399 (909) 797-4983

 **OUTPATIENT RADIOLOGY SERVICES**

Redlands Community Hospital – Outpatient Radiology (909) 335-5610
350 Terracina Blvd., Redlands, CA 92373

Woman’s Health Imaging Center (909) 793-4399
(Affiliated with Redlands Community Hospital)
255 Terracina Blvd., Ste. 104, Redlands, CA 92373
No Referral – Mammograms
Authorization Required | Outpatient Service – Ultrasound, Dexa Scan

Palm Imaging (909) 882-2266
399 E. 21st St., Ste. 160, San Bernardino, CA 92404
No Referral – Flat Films, Mammograms only
Authorization Required | Outpatient Service – Ultrasound, IVP, GI, CT, MRI, Dexa Scan, PET

San Bernardino Advanced Imaging – Highland (909) 450-0640
800 E. Highland Ave., San Bernardino, CA 92404
No Referral – Flat Films only
Authorization Required | Outpatient Service – MRI, CT, Ultrasound, Dexa Scan

*Changes occur on a daily basis and while we try to maintain our records, there may be changes that are not reflected on this directory.

PrimeCare of Redlands Network Directory
Primary Care Doctors



Henry Chai, M.D.
1520 Barton Rd.
Redlands, CA 92373
(909) 793-3208
Board Certified Family Medicine
Other Language(s):
Chinese, Indonesian



Joon Rhee, M.D., PhD, MPH
1895 Orange Tree Lane, #201
Redlands, CA 92374
(909) 335-1160
Board Certified Internal Medicine
Other Language(s): Korean



Daniel Franco, M.D.
490 Alabama St., #104
Redlands, CA 92373
(909) 315-6899
Board Certified Family Medicine
Other Language(s): Spanish



Taher A. Shams, M.D.
34675 Yucaipa Blvd., #110
Yucaipa, CA 92399
(909) 790-1837
Family Medicine
Other Language(s):
Arabic, Spanish



Jose Limon, M.D.
264 N. Highland Springs, #3D
Banning, CA 92220
(951) 845-6993
Internal Medicine
Other Language(s): Spanish



Hajera Sultana, M.D.
34675 Yucaipa Blvd., #109
Yucaipa, CA 92399
(909) 797-5244
Board Certified Family Medicine
Other Language(s):
Hindu, Telugu, Urdu



Badran Madani, M.D.
952 South Mt. Vernon, Ste. B
Colton, CA 92324
(909) 886-3660
Board Certified Internal Medicine



Alexander Terrazas, M.D.
1520 Barton Rd.
Redlands, CA 92373
(909) 793-3208
Board Certified Family Medicine
Other Language(s): Spanish

Looking for a New Doctor?

Which Doctor is Right for You?

- Have you recently moved to a new city?
- Is your doctor retiring?
- Are you trying to figure out what kind of doctor you need for your general health problems or symptoms you're having?
- Need a bilingual doctor?

Your **primary care doctor** or **primary care physician (PCP)** helps maintain your overall health by focusing on preventive care.



What type of doctor do you need?

There are many options, but the list below qualifies as PCPs:

- **Family Medicine or General Practice:** General practitioners treat a wide range of medical problems in all ages. Family practitioners are similar to general practitioners, but have extra training to care for all family members, young or old.
- **Internal Medicine:** Internists are doctors for adults. Some internists take additional training to become specialists. For example, a neurologist is an internist who specializes in the diagnosis and treatment of brain, spinal cord, and nervous system diseases, such as multiple sclerosis, Alzheimer's disease, headaches, stroke, or injury.
- **Pediatrics:** Pediatricians specialize in the care of children.
- **Geriatrics:** Geriatricians are trained in family practice or internal medicine and has additional training for older adults.

It's important to choose a doctor that fits your health care needs. If you have a specific health concern, look for a doctor who specializes in that area (e.g. heart disease, women's health issues, lung problems).



Your primary care doctor coordinates the following care:

- If you need a referral to a specialist
- If you need to be admitted to a hospital

About PrimeCare

PrimeCare has over 350 primary care doctors to choose from who are dedicated to promoting your overall well-being and is the largest network of independently-contracted doctors in the Inland Empire. PrimeCare doctors take pride in the relationships they build with their patients, many of whom have been with PrimeCare for several generations.

Let us help you find the right doctor that best suits your health care needs. Call our toll-free number at **1-800-956-8000, Option 5** or visit our website at **primecare.com**.