

PrimeCare of Redlands

Network Directory

Serving Redlands, Yucaipa, Beaumont, Moreno Valley, San Bernardino



PRIMARY CARE FOR EVERY MEMBER OF YOUR FAMILY

Family Medicine • Internal Medicine • Geriatrics • General Practice • Pediatrics

Having a doctor who listens and understands you means more personalized care. With PrimeCare of Redlands, our doctors get to know you so they can recommend care based on your health needs.

It's easy to join PrimeCare of Redlands. Simply select a primary care doctor with us and choose one of the health plans we accept. To make the switch today, call your health plan (phone number is on the back of your health plan ID card).

Additional information about PrimeCare:

primecare.com |  

PrimeCare of Redlands

Part of OptumCare®

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Please check with your Primary Care Doctor for a complete list of specialists.

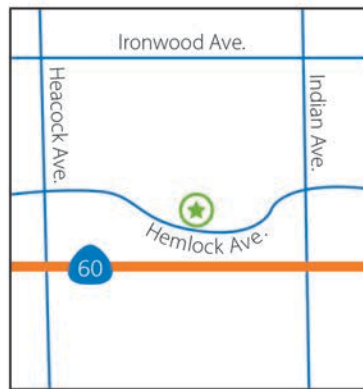
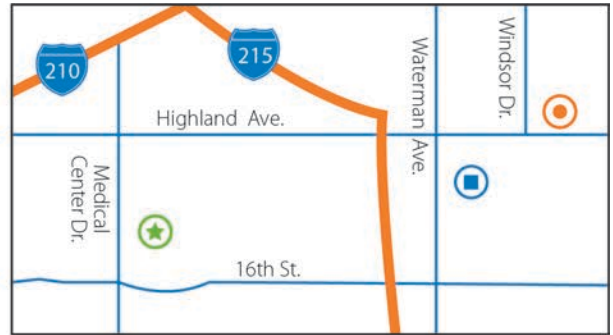
The company does not discriminate on the basis of race, color, national origin, sex, age, or disability in health programs and activities.

We provide free services to help you communicate with us. Such as, letters in other languages or large print. Or, you can ask for an interpreter. To ask for help, please call 1-800-956-8000, Option 5.

ATENCIÓN: Si habla español (Spanish), hay servicios de asistencia de idiomas, sin cargo, a su disposición. Llame al 1-800-956-8000, Option 5.

請注意：如果您說中文 (Chinese)，我們免費為您提供語言協助服務。請致電：
1-800-956-8000, Option 5.

Service Locations for PrimeCare of Redlands



⊕ Urgent care centers

+ Lab services

⊞ Hospitals

⊗ Outpatient radiology services

URGENT CARE CENTERS

Important: To seek same-day care during regular office hours, **you should always contact your Primary Care Physician (PCP) first**, before going to an urgent care facility. Urgent care is not a substitute for the regular care you receive from your PCP.

Yucaipa Urgent Care Center (909) 797-8900
33494 Oak Glen Rd., Yucaipa, CA 92399 F: (909) 797-5800
Mon. – Fri. 5 p.m. – 9 p.m.; Weekends and Holidays 9 a.m. – 9 p.m.

Apex Urgent Care - Inderpal Randhawa, M.D. & Carol Rogala, D.O.
851 E. Sixth St., Ste. B4, Beaumont, CA 92223 (951) 845-2294
Mon. – Fri. 4 p.m. – 6 p.m.; Sat. 9 a.m. – 4 p.m. F: (951) 845-2297
Sun. 9 a.m. – 2 p.m.; Closed most major Holidays

West Point Medical Center – Urgent Care
Atul Bembli, D.O. & Francisco Merino, D.O. (909) 880-6400
1800 Medical Center Dr., Ste. 99, San Bernardino, CA 92411 F: (909) 880-6445
Mon. – Fri. 5 p.m. – 8 p.m.; Sat. 9 a.m. – 5 p.m.; Open Sundays and Holidays

Moreno Valley Urgent Care - James A. Harrison, M.D.
24318 Hemlock Ave., Ste. E1-E2, Moreno Valley, CA 92557 (951) 243-5050
Mon. – Fri. 4 p.m. – 6 p.m.; Closed Weekends; Holidays 8 a.m. – 2 p.m. F: (951) 243-5586

HOSPITALS

Redlands Community Hospital (909) 335-5500
350 Terracina Blvd., Redlands, CA 92373 F: (909) 335-5585

St. Bernardine Medical Center (909) 883-8711
2101 N. Waterman Ave., San Bernardino, CA 92404

LAB SERVICES

Quest Diagnostics Redlands (909) 798-5846
245 Terracina Blvd., Suite 104B, Redlands, CA 92373 F: (909) 748-0981

Quest Diagnostics Loma Linda (909) 799-7684
25805 Barton Rd., Ste. A-104, Loma Linda, CA 92354

Quest Diagnostics Yucaipa
33490 Oak Glen Rd., Ste. D, Yucaipa, CA 92399 (909) 797-4983

 **OUTPATIENT RADIOLOGY SERVICES****Redlands Community Hospital – Outpatient Radiology (909) 335-5610**

350 Terracina Blvd., Redlands, CA 92373
No Referral – Flat Films, Mammograms only
Outpatient Service – Ultrasound, IVP, GI, CT, MRI

**Woman’s Health Imaging Center (909) 793-4399
(Affiliated with Redlands Community Hospital)**

255 Terracina Blvd., Ste. 104, Redlands, CA 92373
No Referral – Mammograms
Outpatient Service – Ultrasound, DEXA Scan

Palm Imaging (909) 882-2266

399 E. 21st St., Ste. 160, San Bernardino, CA 92404
No Referral – Flat Films, Mammograms only
Outpatient Service – Ultrasound, IVP, GI, CT, MRI, DEXA Scan

San Bernardino Advanced Imaging – Highland (909) 450-0640

800 E. Highland Ave., San Bernardino, CA 92404
No Referral – Flat Films only
Outpatient Service – Ultrasound, MRI, CT, PET/CT

*Changes occur on a daily basis and while we try to maintain our records, there may be changes that are not reflected on this directory.

PrimeCare of Redlands Network Directory

Primary Care Doctors



Henry Chai, M.D.

1520 Barton Rd.
Redlands, CA 92373

(909) 793-3208

Board Certified Family Medicine

Other Language(s):
Chinese, Indonesian



Joon Rhee, M.D., PhD, MPH

1895 Orange Tree Lane, #201
Redlands, CA 92374

(909) 335-1160

Board Certified Internal Medicine

Other Language(s): Korean



Daniel Franco, M.D.

490 Alabama St., #104
Redlands, CA 92373

(909) 315-6899

Board Certified Family Medicine

Other Language(s): Spanish



Taher A. Shams, M.D.

34675 Yucaipa Blvd., #110
Yucaipa, CA 92399

(909) 790-1837

Family Medicine

Other Language(s): Arabic, Spanish



Jose Limon, M.D.

264 N. Highland Springs, #3D
Banning, CA 92220

(951) 845-6993

Board Certified Internal Medicine

Other Language(s): Spanish



Hajera Sultana, M.D.

34675 Yucaipa Blvd., #109
Yucaipa, CA 92399

(909) 797-5244

Board Certified Family Medicine

Other Language(s):
Hindu, Telugu, Urdu



Badran Madani, M.D.

952 South Mt. Vernon, Ste. B
Colton, CA 92324

(909) 886-3660

Board Certified Internal Medicine



Alexander Terrazas, M.D.

1520 Barton Rd.
Redlands, CA 92373

(909) 793-3208

Board Certified Family Medicine

Other Language(s): Spanish

Looking for a New Doctor?

Which Doctor is Right for You?

- Have you recently moved to a new city?
- Is your doctor retiring?
- Are you trying to figure out what kind of doctor you need for your general health problems or symptoms you're having?
- Need a bilingual doctor?

Your **primary care doctor** or **primary care physician (PCP)** helps maintain your overall health by focusing on preventive care.



What type of doctor do you need?

There are many options, but the list below qualifies as PCPs:

- **Family Medicine or General Practice:** General practitioners treat a wide range of medical problems in all ages. Family practitioners are similar to general practitioners, but have extra training to care for all family members, young or old.
- **Internal Medicine:** Internists are doctors for adults. Some internists take additional training to become specialists. For example, a neurologist is an internist who specializes in the diagnosis and treatment of brain, spinal cord, and nervous system diseases, such as multiple sclerosis, Alzheimer's disease, headaches, stroke, or injury.
- **Pediatrics:** Pediatricians specialize in the care of children.
- **Geriatrics:** Geriatricians are trained in family practice or internal medicine and has additional training for older adults.

It's important to choose a doctor that fits your health care needs. If you have a specific health concern, look for a doctor who specializes in that area (e.g. heart disease, women's health issues, lung problems).



Your primary care doctor coordinates the following care:

- If you need a referral to a specialist
- If you need to be admitted to a hospital

About PrimeCare

PrimeCare has over 350 primary care doctors to choose from who are dedicated to promoting your overall well-being and is the largest network of independently-contracted doctors in the Inland Empire. PrimeCare doctors take pride in the relationships they build with their patients, many of whom have been with PrimeCare for several generations.

Let us help you find the right doctor that best suits your health care needs. Call our toll-free number at **1-800-956-8000, Option 5** or visit our website at **primecare.com**.