

# PrimeCare of Sun City

## Network Directory

Serving Sun City, Menifee, Lake Elsinore, Wildomar, Temecula, Murrieta



### PRIMARY CARE FOR EVERY MEMBER OF YOUR FAMILY

**Family Medicine • Internal Medicine • Pediatrics**

Having a doctor who listens and understands you means more personalized care. With PrimeCare of Sun City, our doctors get to know you so they can recommend care based on your health needs.

It's easy to join PrimeCare of Sun City. Simply select a primary care doctor with us and choose one of the health plans we accept. To make the switch today, call your health plan (phone number is on the back of your health plan ID card).

For more information, please visit [primecare.com](https://www.primecare.com)

 Like us on Facebook  
[facebook.com/PrimeCareMedicalNetwork](https://facebook.com/PrimeCareMedicalNetwork)

 Follow us on Instagram  
[@primecare\\_part\\_of\\_optumcare](https://www.instagram.com/primecare_part_of_optumcare)

**PrimeCare** of Sun City

Part of OptumCare®

Last updated: 01/30/2021

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*Please check with your Primary Care Doctor for a complete list of specialists.*

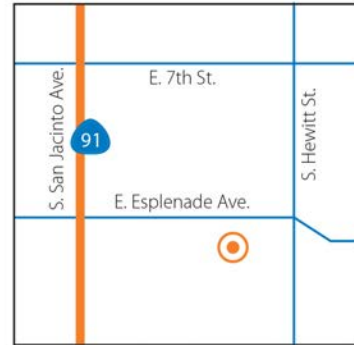
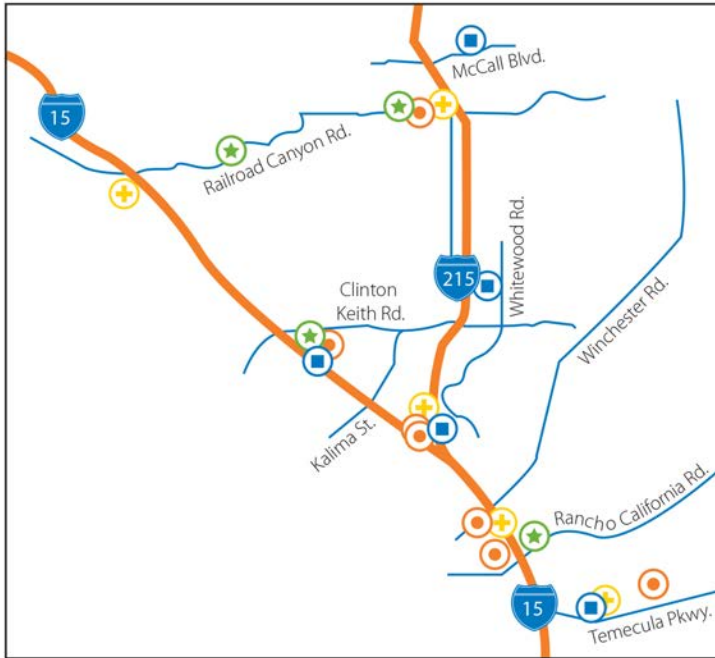
The company does not discriminate on the basis of race, color, national origin, sex, age, or disability in health programs and activities.

We provide free services to help you communicate with us. Such as, letters in other languages or large print. Or, you can ask for an interpreter. To ask for help, please call 1-800-956-8000, Option 5.

ATENCIÓN: Si habla español (Spanish), hay servicios de asistencia de idiomas, sin cargo, a su disposición. Llame al 1-800-956-8000, Option 5.

請注意：如果您說中文 (Chinese)，我們免費為您提供語言協助服務。請致電：1-800-956-8000, Option 5.

# Service Locations for PrimeCare of Sun City



- ★ Urgent care centers
- + Lab services
- Hospitals
- Outpatient radiology services



## URGENT CARE CENTERS

**Important:** To seek same-day care during regular office hours, you should always contact your Primary Care Physician (PCP) first, before going to an urgent care facility. Urgent care is not a substitute for the regular care you receive from your PCP.

Please call the location for the hours of operation.

- Inland Urgent Care of Sun City** (951) 246-3033  
27168 Newport Rd., Ste. 1, Menifee, CA 92584
- Inland Urgent Care of Canyon Hills** (951) 244-2224  
29997 Canyon Hills Rd., Ste. 1604, Lake Elsinore, CA 92532
- Inland Urgent Care of Wildomar** (951) 600-0110  
36320 Inland Valley Dr., Ste. 307, Wildomar, CA 92595
- Inland Urgent Care of Temecula** (951) 303-6440  
29738-B Rancho California Rd., Temecula, CA 92591



## HOSPITALS

- Inland Valley Regional Medical Center** (951) 677-1111  
36485 Inland Valley Dr., Wildomar, CA 92595
- Rancho Springs Medical Center** (951) 696-6000  
25500 Medical Center Dr., Murrieta, CA 92562
- Menifee Valley Medical Center** (951) 679-8888  
28400 McCall Blvd., Sun City, CA 92586
- Temecula Valley Hospital – Temecula** (951) 331-2200  
31700 Temecula Pkwy., Temecula, CA 92592
- Loma Linda University Medical Center - Murrieta** (951) 290-4000  
28062 Baxter Rd., Murrieta, CA 92563



## LAB SERVICES

Please visit [questdiagnostics.com](http://questdiagnostics.com) for hours of operation

- Quest Diagnostics**
- 29798 Haun Rd., Ste. 206, Menifee, CA 92586 (951) 672-0852
- 27699 Jefferson Ave., Ste. 109, Temecula, CA 92590 (951) 694-4301
- 31150 Temecula Pkwy., Ste. 203, Temecula, CA 92592 (951) 719-1140
- 25405 Hancock Ave., Ste. 102, Murrieta, CA 92562 (951) 461-2315
- 32251 Mission Trail Rd., Ste. G1, Lake Elsinore, CA 92530 (951) 471-3271



## OUTPATIENT RADIOLOGY SERVICES

|  |                       |
|--|-----------------------|
| <b>Temecula Valley Imaging</b><br>(US, X-ray)<br>25395 Hancock Ave., Ste. 110, Murrieta, CA 92562  | <b>(951) 587-8956</b> |
| <b>Temecula Valley Advanced Imaging</b><br>(PET/CT, MRI, DEXA Scans, MRI Guided)<br>25455 Medical Center Dr., Ste. 100, Murrieta, CA 92562   | <b>(951) 587-8956</b> |
| <b>Temecula Valley Imaging Wildomar</b><br>(X-ray – Max 300 lbs)<br>36320 Inland Valley Dr., Ste. 303, Wildomar, CA 92595  | <b>(951) 587-8956</b> |
| <b>Temecula Valley Imaging Menifee</b><br>(X-ray, Screening Mammography)<br>27168 Newport Rd., Ste. B, Menifee, CA 92584   | <b>(951) 587-8956</b> |
| <b>Temecula Valley Imaging (Satellite)</b><br>(X-ray – Max 300 lbs)<br>28780 Single Oak Dr., Ste. 155, Temecula, CA 92590  | <b>(951) 587-8956</b> |
| <b>Breast Link Women’s Imaging Center – Temecula Valley</b><br>(Digital Mammograms, Ultrasound, DEXA Scans)<br>25455 Medical Center Dr., Ste. 210, Murrieta, CA 92562  | <b>(951) 587-8956</b> |
| <b>San Jacinto Imaging</b><br>(Open MRI, DEXA Scans, Digital Mammograms, Ultrasound, X-ray)<br>1695 S. San Jacinto Ave., Ste. B, San Jacinto, CA 92583   | <b>(951) 587-8956</b> |
| <b>Temecula Valley Imaging – Temecula Parkway</b><br>(Open MRI/MRA, CT, PET/CT, Mammograms, Breast Tomosynthesis, Ultrasound, DEXA Scans, X-ray, Fluoroscopy, Arthrograms, Myelograms)<br>31775 De Portola Rd., Ste. 100, Temecula, CA 92592 | <b>(951) 587-8956</b> |

\*Changes occur on a daily basis and while we try to maintain our records, there may be changes that are not reflected on this directory.

**PrimeCare of Sun City Network Directory**  
Primary Care Doctors



**Rolando Atiga, M.D.**  
25405 Hancock Ave., #105  
Murrieta, CA 92562  
**(951) 695-4688**  
29826 Haun Rd., #201  
Menifee, CA 92586  
**(951) 381-8150**  
*Board Certified Family Medicine*  
Other Language(s): Spanish



**Duane Darnell, D.O.**  
27994 Bradley Rd., Ste. F  
Sun City, CA 92586  
**(951) 246-1366**  
*Board Certified Internal Medicine*  
*Not accepting new commercial members*



**Joanna Ayala, M.D.**  
29995 Technology Dr., #A202  
Murrieta, CA 92563  
**(951) 698-1118**  
*Board Certified Family Medicine*  
Other Language(s): Spanish



**Laura Holzer, M.D.**  
29798 Haun Rd., #108  
Menifee, CA 92586  
**(951) 301-9339**  
31565 Rancho Pueblo Rd., #102  
Temecula, CA 92592  
**(951) 301-9339**  
*Board Certified Internal Medicine*  
*Not accepting new commercial members*



**Alwin Bagingito, M.D.**  
41238 Margarita Rd., #104  
Temecula, CA 92591  
**(951) 695-6787**  
*Board Certified Family Medicine*  
Other Language(s): Spanish



**James Krieg, M.D.**  
29826 Haun Rd., #302  
Menifee, CA 92586  
**(951) 672-1911**  
*Board Certified Internal Medicine*  
*Not accepting new commercial members*



**Mary Chau, D.O.**  
28125 Bradley Rd., #240B  
Sun City, CA 92586  
**(951) 301-6366**  
*Board Certified Family Medicine*  
*Not accepting new commercial members*  
Other Language(s): Chinese,  
Mandarin



**Richard Lam, M.D.**  
27994 Bradley Rd., Ste. C  
Sun City, CA 92586  
**(951) 679-6467**  
*Internal Medicine*  
Other Language(s): Vietnamese



**Susan Danek, M.D.**  
29798 Haun Rd., #302  
Sun City, CA 92586  
**(951) 301-7191**  
*Board Certified Family Medicine*  
*Not accepting new Medicare members*  
Other Language(s): Spanish



**Brian Nguyen, M.D.**  
29798 Haun Rd., #108  
Menifee, CA 92586  
**(951) 301-9339**  
*Internal Medicine*  
*Not accepting new commercial members*  
Other Language(s): Vietnamese



**PrimeCare of Sun City Network Directory**  
Primary Care Doctors



**Christine U. Nguyen, M.D.**  
29798 Haun Rd., #108  
Menifee, CA 92584  
**(951) 301-9339**  
*Internal Medicine **Not accepting new commercial members***  
Other Language(s):  
Spanish, Vietnamese



**Sindu Pillai, M.D.**  
28078 Baxter Rd., #434  
Murrieta, CA 92563  
**(951) 679-2100**  
*Board Certified Pediatrics*  
Other Language(s): Malay, Arabic



**Kevin K. Nguyen, M.D.**  
29798 Haun Rd., #203  
Menifee, CA 92586  
**(951) 301-9188**  
*Board Certified Family Medicine*  
***Not accepting new commercial members***  
Other Language(s): Vietnamese



**Frank Tang, M.D.**  
Optum Murrieta Primary Care  
Clinic  
40690 California Oaks Rd., Ste. A  
Murrieta, CA 92562  
**(951) 677-0098**  
*Family Medicine / Board Certified Pediatrics*  
Other Language(s):  
Cantonese, Vietnamese,  
Mandarin



**Consuelo Ocampo, M.D.**  
29645 Rancho California Rd.,  
#138  
Temecula, CA 92591  
**(951) 695-7228**  
*Board Certified Family Medicine*  
***Not accepting new commercial members***  
Other Language(s): Tagalog



**Bryan To, M.D.**  
24910 Las Brisas Rd., #120  
Murrieta, CA 92562  
**(951) 677-9898**  
*Internal Medicine*  
Other Language(s):  
Vietnamese, Cantonese

# Looking for a New Doctor?

## Which Doctor is Right for You?

- Have you recently moved to a new city?
- Is your doctor retiring?
- Are you trying to figure out what kind of doctor you need for your general health problems or symptoms you're having?
- Need a bilingual doctor?

Your **primary care doctor** or **primary care physician (PCP)** helps maintain your overall health by focusing on preventive care.



### What type of doctor do you need?

There are many options, but the list below qualifies as PCPs:

- **Family Medicine or General Practice:** General practitioners treat a wide range of medical problems in all ages. Family practitioners are similar to general practitioners, but have extra training to care for all family members, young or old.
- **Internal Medicine:** Internists are doctors for adults. Some internists take additional training to become specialists. For example, a neurologist is an internist who specializes in the diagnosis and treatment of brain, spinal cord, and nervous system diseases, such as multiple sclerosis, Alzheimer's disease, headaches, stroke, or injury.
- **Pediatrics:** Pediatricians specialize in the care of children.
- **Geriatrics:** Geriatricians are trained in family practice or internal medicine and has additional training for older adults.

It's important to choose a doctor that fits your health care needs. If you have a specific health concern, look for a doctor who specializes in that area (e.g. heart disease, women's health issues, lung problems).



### Your primary care doctor coordinates the following care:

- If you need a referral to a specialist
- If you need to be admitted to a hospital

### About PrimeCare

PrimeCare has over 350 primary care doctors to choose from who are dedicated to promoting your overall well-being and is the largest network of independently-contracted doctors in the Inland Empire. PrimeCare doctors take pride in the relationships they build with their patients, many of whom have been with PrimeCare for several generations.

Let us help you find the right doctor that best suits your health care needs. Call our toll-free number at **1-800-956-8000, Option 5** or visit our website at **primecare.com**.