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Optum Care Network–Hemet Valley

Network directory

Hemet Valley, Idyllwild, San Jacinto

Table of contents

- Optum Care Network (OCN)-Hemet Valley services map 4
- Urgent care center 5
- Hospitals 5
- Lab services 5
- Radiology services 5
- Primary care providers 6
- Tips:** Looking for a new primary care provider? Who is right for you? 8

Please check with your primary care provider for a complete list of specialists.



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Compassionate care for each member of the family

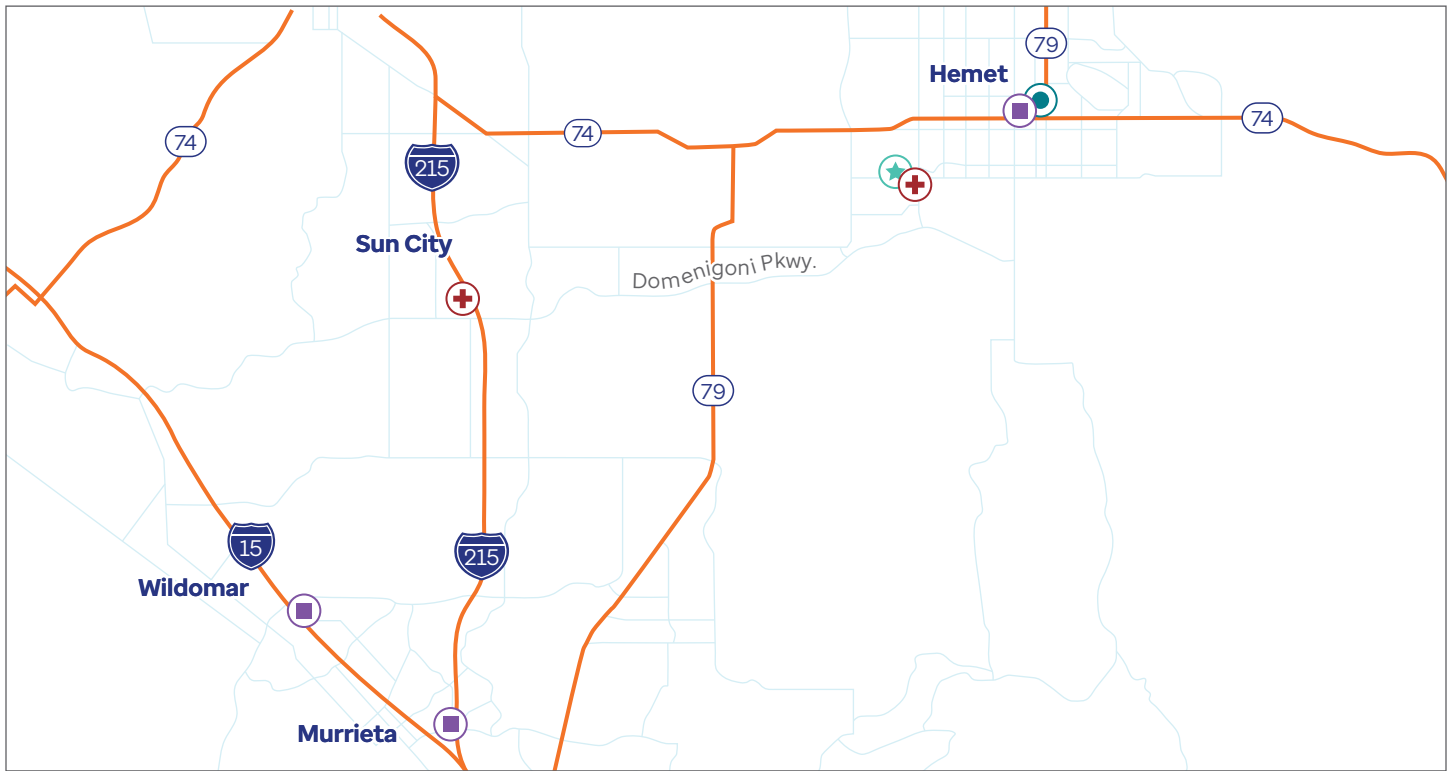
Family medicine, internal medicine, geriatrics, general practice, pediatrics

With Optum Care Network–Hemet Valley, you’re at the center of a health care team led by your primary care provider. Your primary care provider will take the time to listen and get to know you. Then, they’ll put together a personalized care plan based on your health needs.

Joining Optum Care Network–Hemet Valley is easy. First, use this guide to select a primary care provider. Then, choose one of the health plans they accept. For help making the switch, call your health plan using the number on the back of your ID card.

Service locations

Hemet Valley, Idyllwild, San Jacinto



 Urgent care center

 Lab services

 Hospitals

 Outpatient radiology services



Urgent care center

Important: To seek same-day care during regular office hours, **you should always contact your primary care provider first**, before going to an urgent care facility. Urgent care is not a substitute for the regular care you receive from your primary care provider.

Call for hours of operation.

Alliance Urgent Care
3853 W. Stetson Ave., Ste. 100
Hemet, CA 92545
Phone: 1-951-929-6900, TTY 711



Hospitals

Hemet Valley Medical Center
1117 E. Devonshire Ave.
Hemet CA 92543
Phone: 1-951-652-2811, TTY 711

Inland Valley Regional Medical Center
36485 Inland Valley Dr.
Wildomar, CA 92595
Phone: 1-951-677-1111, TTY 711

Rancho Springs Medical Center
25500 Medical Center Dr.
Murrieta, CA 92562
Phone: 1-951-696-6000, TTY 711



Lab services

Please visit questdiagnostics.com for hours of operation.

Quest Diagnostics
3853 W. Stetson Ave., Ste. 101
Hemet, CA 92543
Phone: 1-951-652-3421, TTY 711

29798 Haun Rd., Ste. 206
Sun City, CA 92586
Phone: 1-951-672-0852, TTY 711



Outpatient radiology services

Hemet Valley Imaging
1001 E. Latham Ave., Ste. G
Hemet, CA 92543
Phone: 1-951-658-9243, TTY 711

Changes occur on a daily basis, and while we try to maintain our records, there may be changes that are not reflected on this directory.

OCN-Hemet Valley Providers



Anthony S. Flores, MD
Board certified family medicine
Other language(s): Spanish,
Tagalog
760 W. Acacia Ave., Ste. 110
Hemet, CA 92543
1-951-658-1112, TTY 711



Sudha G. Madabhushi, MD
Board certified internal medicine
Other language(s): Hindi,
Spanish
304 W. Latham Ave.
Hemet, CA 92543
1-951-925-7179, TTY 711



A.K. Jaffer, MD
Board certified internal
medicine/neurology
Other language(s): Persian,
Arabic
1011 E. Devonshire Ave., Ste. 102
Hemet, CA 92543
1-951-658-2218, TTY 711



Arvind Mathur, MD
Internal medicine
975 St. John Pl.
Hemet, CA 92543
1-951-357-2264, TTY 711



James Keating, MD
Family medicine
760 W. Acacia Ave., Ste. 101
Hemet, CA 92543
1-951-766-8403, TTY 711



David Perz, DO
Board certified family medicine
2591 W. Florida Ave.
Hemet, CA 92545
1-951-766-4329, TTY 711



Subbarayan Krishnan, MD
Board certified internal medicine
Other language(s): Tamil
1850 W. Florida Ave.
Hemet, CA 92545
1-951-438-2200, TTY 711



Kamran Qureshi, MD
Board certified internal medicine
Other language(s): Urdu,
Punjabi, Spanish
2569 W. Florida Ave.
Hemet, CA 92545
1-951-765-1023, TTY 711
54165 Pine Crest Ave.
Idyllwild, CA 92549
1-951-659-4908, TTY 711

OCN-Hemet Valley Providers



Reem B. Tawfik, MD
Board certified family medicine
and obesity medicine
Other language(s): Arabic,
Chaldean
1850 W. Florida Ave.
Hemet, CA 92545
1-951-438-2200, TTY 711



Tin Tun, MD
Board certified internal medicine
Other language(s): Burmese
1850 W. Florida Ave.
Hemet, CA 92545
1-951-438-2200, TTY 711



Aung Thu, MD
Board certified internal medicine
Other language(s): Burmese
245 N. Laursen St.
Hemet, CA 92543
1-951-929-5537, TTY 711



Leon Yan, MD
Pediatrics
29995 Technology Dr., Ste. A100
Murrieta, CA 92563
1-951-412-1610, TTY 711

Choosing a new primary care provider



Do any of these questions apply to you?

- Have you recently moved to a new city?
- Is your primary care provider retiring?
- Do you have general health concerns that require more care?
- Are you bilingual?

Your primary care provider helps maintain your overall health by focusing on preventive care.



What type of provider do you need?

The following are types of primary care providers:

- **Family medicine or general practice:** General practitioners treat a wide range of medical problems in age groups newborn to elderly. Family practitioners are similar to general practitioners, but have extra training to care for patients of all ages.
- **Internal medicine:** Internists focus on care for adults. Some internists receive more training to become specialists. For example, a neurologist is an internist who specializes in the diagnosis and treatment of diseases, such as multiple sclerosis, Alzheimer's disease, headaches, stroke or injury.
- **Pediatrics:** Pediatricians specialize in the care of children. This care typically begins at birth and continues until the age of 18.
- **Geriatrics:** Geriatricians are trained in family practice or internal medicine with extra training to care for older adults. Geriatricians specialize in conditions that are common with the aging process.

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Primary care providers specialize in everyday health needs and help you reach your health care goals.



Your primary care provider coordinates the following care:

- Referrals to specialists
- Admission to a hospital or skilled nursing facility



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About Optum Care Network–Hemet Valley

Optum Care Network–Hemet Valley has several primary care providers to choose from. They value the long relationships they've had with their patients. In fact, some families have been with Optum Care Network–Hemet Valley for several generations. Optum Care Network–Hemet Valley is a network of independently-contracted doctors serving Riverside County. We're dedicated to promoting your overall well-being.

Let us help you find the primary care provider that best suits your health care needs.



1-800-956-8000, option 5, TTY 711



optum.com/primecare

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The company does not discriminate on the basis of race, color, national origin, sex, age, or disability in health programs and activities.

We provide free services to help you communicate with us. This includes letters in other languages or large print. Or, you can ask for an interpreter. To ask for help, please call 1-800-956-8000, option 5, TTY 711.

ATENCIÓN: Si habla español (Spanish), hay servicios de asistencia de idiomas, sin cargo, a su disposición. Llame al 1-800-956-8000, option 4, TTY 711.

請注意：如果您說中文 (Chinese)，我們免費為您提供語言協助服務。請致電：1-800-956-8000, option 5, TTY 711。

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