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Optum Care Network–Redlands

Network directory

Banning, Redlands, Yucaipa

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Please check with your primary care provider for a complete list of specialists.



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Compassionate care for each member of the family

Family medicine and internal medicine

With Optum Care Network-Redlands, you're at the center of a health care team led by your primary care provider. Your primary care provider will take the time to listen and get to know you. Then, they'll put together a personalized care plan based on your health needs.

Joining Optum Care Network-Redlands is easy. First, use this guide to select a primary care provider. Then, choose one of the health plans they accept. For help making the switch, call your health plan using the number on the back of your ID card.

Service locations


Banning, Redlands, Yucaipa



 Urgent care centers

 Lab services

 Hospitals

 Outpatient radiology services



Urgent care centers

Important: To seek same-day care during regular office hours, **you should always contact your primary care provider first**, before going to an urgent care facility. Urgent care is not a substitute for the regular care you receive from your primary care provider.

Call for hours of operation.

Yucaipa Urgent Care Center
33494 Oak Glen Rd.
Yucaipa, CA 92399

Phone: 1-909-797-8900, TTY 711

Premier Urgent Care Centers of
California, Inc.

284 E. Highland Ave.
San Bernardino, CA 92404

Phone: 1-909-883-1098, TTY 711



Hospitals

Redlands Community Hospital
350 Terracina Blvd.
Redlands, CA 92373

Phone: 1-909-335-5500, TTY 711

San Geronio Memorial Hospital
600 N. Highland Springs Ave.
Banning, CA 92220

Phone: 1-951-845-1121, TTY 711

St. Bernardine Medical Center
2101 N. Waterman Ave.
San Bernardino, CA 92404

Phone: 1-909-883-8711, TTY 711



Lab services

Visit questdiagnostics.com for hours of operation.

Quest Diagnostics

245 Terracina Blvd., Ste. 104B
Redlands, CA 92373

Phone: 1-909-798-5846, TTY 711

25805 Barton Rd., Ste. A104
Loma Linda, CA 92354

Phone: 1-909-799-7684, TTY 711

34675 Yucaipa Blvd., Ste. 107
Yucaipa, CA 92399

Phone: 1-909-797-4983, TTY 711



Outpatient radiology services

Redlands Community Hospital-
Outpatient Radiology
350 Terracina Blvd.
Redlands, CA 92373

Phone: 1-909-335-5610, TTY 711

Women's Health Imaging Center
(Affiliated with Redlands
Community Hospital)

255 Terracina Blvd., Ste. 104
Redlands, CA 92373

Phone: 1-909-793-4399, TTY 711

No Referral: Mammograms
Authorization Required: (Outpatient
Service): Ultrasound, DEXA Scan

Palm Imaging

399 E. 21st St., Ste. 160
San Bernardino, CA 92404

Phone: 1-909-882-2266, TTY 711

No Referral: Flat Films, Mammograms
Authorization Required: (Outpatient
Service): Ultrasound, IVP, GI, CT, MRI,
DEXA Scan, PET

San Bernardino Advanced Imaging-Highland

800 E. Highland Ave.
San Bernardino, CA 92404

Phone: 1-909-450-0640, TTY 711

No Referral: Flat Films
Authorization Required: (Outpatient
Service): MRI, CT, Ultrasound, DEXA Scan

Changes occur on a daily basis, and while we try to maintain our records, there may be changes that are not reflected on this directory.

OCN-Redlands Providers



Daniel Franco, MD
Board certified family medicine
Other language(s): Spanish
490 Alabama St., Ste. 104
Redlands, CA 92373
1-909-315-6899, TTY 711



Taher A. Shams, MD
Family medicine
Other language(s): Arabic, Spanish
34675 Yucaipa Blvd., Ste. 110
Yucaipa, CA 92399
1-909-790-1837, TTY 711



Jose Limon, MD
Internal medicine
Other language(s): Spanish
264 N. Highland Springs Ave.
Ste. 3D
Banning, CA 92220
1-951-845-6993, TTY 711



Ellen M. Smith, DO
Family medicine
1520 Barton Rd.
Redlands, CA 92373
1-909-793-3208, TTY 711



Badran Madani, MD
Board certified internal medicine
952 S. Mt. Vernon Ave., Ste. B
Colton, CA 92324
1-909-886-3660, TTY 711



Hajera Sultana, MD
Board certified family medicine
Other language(s): Hindu, Telugu, Urdu
34675 Yucaipa Blvd., Ste. 109
Yucaipa, CA 92399
1-909-797-5244, TTY 711



Joon Rhee, MD, PhD, MPH
Board certified internal medicine
Other language(s): Korean
1895 Orange Tree Ln., Ste. 201
Redlands, CA 92374
1-909-335-1160, TTY 711

Choosing a new primary care provider



Do any of these questions apply to you?

- Have you recently moved to a new city?
- Is your primary care provider retiring?
- Do you have general health concerns that require more care?
- Are you bilingual?

Your primary care provider helps maintain your overall health by focusing on preventive care.



What type of provider do you need?

The following are types of primary care providers:

- **Family medicine or general practice:** General practitioners treat a wide range of medical problems in age groups newborn to elderly. Family practitioners are similar to general practitioners, but have extra training to care for patients of all ages.
- **Internal medicine:** Internists focus on care for adults. Some internists receive more training to become specialists. For example, a neurologist is an internist who specializes in the diagnosis and treatment of diseases, such as multiple sclerosis, Alzheimer's disease, headaches, stroke or injury.
- **Pediatrics:** Pediatricians specialize in the care of children. This care typically begins at birth and continues until the age of 18.
- **Geriatrics:** Geriatricians are trained in family practice or internal medicine with extra training to care for older adults. Geriatricians specialize in conditions that are common with the aging process.

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Primary care providers specialize in everyday health needs and help you reach your health care goals.



Your primary care provider coordinates the following care:

- Referrals to specialists
- Admission to a hospital or skilled nursing facility



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Optum Care Network-Redlands

Optum Care Network-Redlands has over 40 primary care providers to choose from. They value the long relationships they've had with their patients. In fact, some families have been with Optum Care Network-Redlands for several generations. Optum Care Network-Redlands is a network of independently-contracted doctors serving San Bernardino County. We're dedicated to promoting your overall well-being.

Let us help you find the primary care provider that best suits your health care needs.



1-800-956-8000, option 5, TTY 711



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The company does not discriminate on the basis of race, color, national origin, sex, age, or disability in health programs and activities.

We provide free services to help you communicate with us. This includes letters in other languages or large print. Or, you can ask for an interpreter. To ask for help, please call 1-800-956-8000, option 5, TTY 711.

ATENCIÓN: Si habla español (Spanish), hay servicios de asistencia de idiomas, sin cargo, a su disposición. Llame al 1-800-956-8000, option 4, TTY 711.

請注意：如果您說中文 (Chinese)，我們免費為您提供語言協助服務。請致電：1-800-956-8000, option 5, TTY 711。

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