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Optum Care Network–Sun City

Network directory

Lake Elsinore, Menifee, Murrieta, Sun City, Temecula, Wildomar

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Please check with your primary care provider for a complete list of specialists.



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Compassionate care for each member of the family

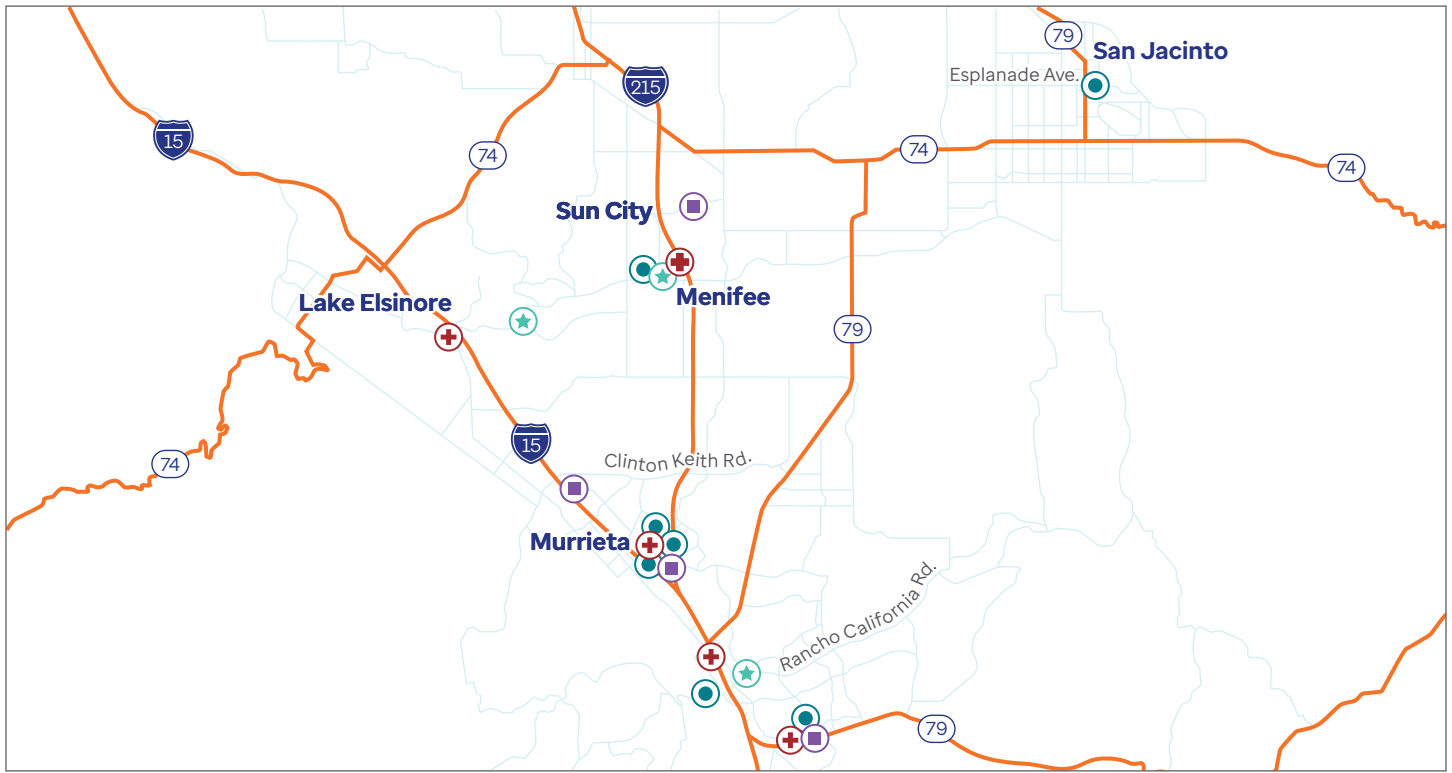
Family medicine, internal medicine,
pediatrics

With Optum Care Network–Sun City, you’re at the center of a health care team led by your primary care provider. Your primary care provider will take the time to listen and get to know you. Then, they’ll put together a personalized care plan based on your health needs.

Joining Optum Care Network–Sun City is easy. First, use this guide to select a primary care provider. Then, choose one of the health plans they accept. For help making the switch, call your health plan using the number on the back of your ID card.

Service locations


Lake Elsinore, Menifee, Murrieta, Sun City, Temecula, Wildomar



 Urgent care centers

 Lab services

 Hospitals

 Outpatient radiology services



Urgent care centers

Important: To seek same-day care during regular office hours, **you should always contact your primary care provider first**, before going to an urgent care facility. Urgent care is not a substitute for the regular care you receive from your primary care provider.

Call for hours of operation.

Inland Urgent Care of Sun City
27168 Newport Rd., Ste. 1
Menifee, CA 92584

Phone: 1-951-246-3033, TTY 711

Inland Urgent Care of Canyon Hills
29997 Canyon Hills Rd., Ste. 1604
Lake Elsinore, CA 92532

Phone: 1-951-244-2224, TTY 711

Inland Urgent Care of Temecula
29738 B Rancho California Rd.
Temecula, CA 92591

Phone: 1-951-303-6440, TTY 711

Total Care Urgent Care
425 Diamond Dr., Ste. 104
Lake Elsinore, CA 92530

Phone: 1-951-674-4114, TTY 711

24703 Monroe St.
Murrieta, CA 92562

Phone: 1-951-698-8098, TTY 711

I-Care Urgent Care
27722 Clinton Keith Rd.
Murrieta, CA 92562

Phone: 1-951-878-9820, TTY 711

Alliance Urgent Care
3853 W. Stetson Ave., Ste. 100
Hemet, CA 92545

Phone: 1-951-929-6900, TTY 711



Hospitals

Inland Valley Regional Medical Center
36485 Inland Valley Dr.
Wildomar, CA 92595

Phone: 1-951-677-1111, TTY 711

Rancho Springs Medical Center
25500 Medical Center Dr.
Murrieta, CA 92562

Phone: 1-951-696-6000, TTY 711

Menifee Valley Medical Center
28400 McCall Blvd.
Sun City, CA 92586

Phone: 1-951-679-8888, TTY 711

Temecula Valley Hospital-Temecula
31700 Temecula Pkwy.
Temecula, CA 92592

Phone: 1-951-331-2200, TTY 711



Lab services

Visit questdiagnostics.com for hours of operation.

Quest Diagnostics

29798 Haun Rd., Ste. 206
Menifee, CA 92586

Phone: 1-951-672-0852, TTY 711

27699 Jefferson Ave., Ste. 109
Temecula, CA 92590

Phone: 1-951-694-4301, TTY 711

31150 Temecula Pkwy., Ste. 203
Temecula, CA 92592

Phone: 1-951-719-1140, TTY 711

25405 Hancock Ave., Ste. 102
Murrieta, CA 92562

Phone: 1-951-461-2315, TTY 711

32251 Mission Trail Rd., Ste. G1
Lake Elsinore, CA 92530

Phone: 1-951-471-3271, TTY 711



Outpatient radiology services

Temecula Valley Imaging

25395 Hancock Ave., Ste. 110
Murrieta, CA 92562

Phone: 1-951-587-8956, TTY 711
US, X-ray

Temecula Valley Advanced Imaging

25455 Medical Center Dr., Ste. 100
Murrieta, CA 92562

Phone: 1-951-587-8956, TTY 711
PET/CT, MRI, DEXA Scans, MRI Guided

Temecula Valley Imaging Menifee

27168 Newport Rd., Ste. B
Menifee, CA 92584

Phone: 1-951-587-8956, TTY 711
X-ray, Screening Mammography

Temecula Valley Imaging (Satellite)

28780 Single Oak Dr., Ste. 155
Temecula, CA 92590

Phone: 1-951-587-8956, TTY 711
X-ray - Max 300 lbs

Breast Link Women's Imaging Center-Temecula Valley

25455 Medical Center Dr., Ste. 210
Murrieta, CA 92562

Phone: 1-951-587-8956, TTY 711
Digital Mammograms, Ultrasound,
DEXA Scans



Outpatient radiology services

San Jacinto Imaging

1695 S. San Jacinto Ave., Ste. B
San Jacinto, CA 92583

Phone: 1-951-587-8956, TTY 711

Open MRI, DEXA Scans, Digital
Mammograms, Ultrasound, X-ray

Temecula Valley Imaging-

Temecula Parkway

31775 De Portola Rd., Ste. 100
Temecula, CA 92592

Phone: 1-951-587-8956, TTY 711

Open MRI/MRA, CT, PET/CT,
Mammograms, Breast Tomosynthesis,
Ultrasound, DEXA Scans, X-ray,
Fluoroscopy, Arthrograms, Myelograms

Changes occur on a daily basis, and while we try to maintain our records, there may be changes that are not reflected on this directory.

OCN-Sun City Providers



Rolando Atiga, MD
Board certified family medicine
Other language(s): Spanish
25405 Hancock Ave., Ste. 105
Murrieta, CA 92562
1-951-695-4688, TTY 711
29826 Haun Rd., Ste. 314
Menifee, CA 92586
1-951-381-8150, TTY 711



Mary Chau, DO
Board certified family medicine
Other language(s): Chinese,
Mandarin
28125 Bradley Rd., Ste. 240B
Sun City, CA 92586
1-951-301-6366, TTY 711
Not accepting new
commercial members



Joanna Ayala, MD
Board certified family medicine
Other language(s): Spanish
29995 Technology Dr., Ste. A202
Murrieta, CA 92563
1-951-698-1118, TTY 711



Laura Holzer, MD
Board certified internal medicine
29798 Haun Rd., Ste. 108
Menifee, CA 92586
1-951-301-9339, TTY 711
31565 Rancho Pueblo Rd., Ste. 102
Temecula, CA 92592
1-951-301-9339, TTY 711
Not accepting new
commercial members



Alwin Bagingito, MD
Board certified family medicine
Other language(s): Spanish
41238 Margarita Rd., Ste. 104
Temecula, CA 92591
1-951-695-6787, TTY 711



Richard Lam, MD
Internal medicine
Other language(s): Vietnamese
27994 Bradley Rd., Ste. C
Sun City, CA 92586
1-951-679-6467, TTY 711



Ravi P. Bhakta, MD
Board certified family medicine
Other language(s): Gujarati,
Spanish
40690 California Oaks Rd., Ste. A
Murrieta, CA 92562
1-951-677-0098, TTY 711



Brian Nguyen, MD
Internal medicine
Other language(s): Vietnamese
29798 Haun Rd., Ste. 108
Menifee, CA 92586
1-951-301-9339, TTY 711
Not accepting new
commercial members

OCN-Sun City Providers



Christine U. Nguyen, MD
Internal medicine
Other language(s): Spanish,
Vietnamese
29798 Haun Rd., Ste. 108
Menifee, CA 92584
1-951-301-9339, TTY 711
Not accepting new
commercial members



Sindu Pillai, MD
Board certified pediatrics
Other language(s): Arabic, Malay
28078 Baxter Rd., Ste. 434
Murrieta, CA 92563
1-951-679-2100, TTY 711



Kevin K. Nguyen, MD
Board certified family medicine
Other language(s): Vietnamese
29798 Haun Rd., Ste. 203
Menifee, CA 92586
1-951-301-9188, TTY 711
Not accepting new
commercial members



Charles Pumphrey, MD
Board certified pediatrics
Other language(s): Spanish
29798 Haun Rd., Ste. 304
Menifee, CA 92586
1-951-679-3159, TTY 711



Consuelo Ocampo, MD
Board certified family medicine
Other language(s): Tagalog
29645 Rancho California Rd.
Ste. 138
Temecula, CA 92591
1-951-695-7228, TTY 711
Not accepting new
commercial members



Shafi Siddiqi, MD
Internal medicine
Other language(s): Persian
31569 Canyon Estates Dr.
Ste. 201
Lake Elsinore, CA 92532
1-951-246-1366, TTY 711



Kamaldeep Panach, MD
**Board certified internal
medicine**
29826 Haun Rd., Ste. 302
Menifee, CA 92586
1-951-672-1911, TTY 711
Not accepting new
commercial members



Bryan To, MD
Internal medicine
Other language(s): Vietnamese,
Cantonese
24910 Las Brisas Rd., Ste. 120
Murrieta, CA 92562
1-951-677-9898, TTY 711

Choosing a new primary care provider



Do any of these questions apply to you?

- Have you recently moved to a new city?
- Is your primary care provider retiring?
- Do you have general health concerns that require more care?
- Are you bilingual?

Your primary care provider helps maintain your overall health by focusing on preventive care.



What type of provider do you need?

The following are types of primary care providers:

- **Family medicine or general practice:** General practitioners treat a wide range of medical problems in age groups newborn to elderly. Family practitioners are similar to general practitioners, but have extra training to care for patients of all ages.
- **Internal medicine:** Internists focus on care for adults. Some internists receive more training to become specialists. For example, a neurologist is an internist who specializes in the diagnosis and treatment of diseases, such as multiple sclerosis, Alzheimer's disease, headaches, stroke or injury.
- **Pediatrics:** Pediatricians specialize in the care of children. This care typically begins at birth and continues until the age of 18.
- **Geriatrics:** Geriatricians are trained in family practice or internal medicine with extra training to care for older adults. Geriatricians specialize in conditions that are common with the aging process.

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Primary care providers specialize in everyday health needs and help you reach your health care goals.



Your primary care provider coordinates the following care:

- Referrals to specialists
- Admission to a hospital or skilled nursing facility



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About Optum Care Network–Sun City

Optum Care Network–Sun City has over 40 primary care providers to choose from. They value the long relationships they've had with their patients. In fact, some families have been with Optum Care Network–Sun City for several generations. Optum Care Network–Sun City is a network of independently-contracted doctors serving Riverside County. We're dedicated to promoting your overall well-being.

Let us help you find the primary care provider that best suits your health care needs.



1-800-956-8000, option 5, TTY 711



optum.com/primecare

Optum

The company does not discriminate on the basis of race, color, national origin, sex, age, or disability in health programs and activities.

We provide free services to help you communicate with us. This includes letters in other languages or large print. Or, you can ask for an interpreter. To ask for help, please call 1-800-956-8000, option 5, TTY 711.

ATENCIÓN: Si habla español (Spanish), hay servicios de asistencia de idiomas, sin cargo, a su disposición. Llame al 1-800-956-8000, option 4, TTY 711.

請注意：如果您說中文 (Chinese)，我們免費為您提供語言協助服務。請致電：1-800-956-8000, option 5, TTY 711。

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